

N431 Adult Health II

Clinical Reflection Form

Name: Christine Nlandu

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Clinical Rotation Site: Carle hospital

1. Briefly write about today's experience(s)

ICU seemed a new world to me because all clients depend 100% on the nurses' care. Most of them are unconscious and do not know what is going on. The good thing about that is an ongoing assessment, treatment, and procedure, which are very helpful to students. Being in the ICU helps me think critically and provide care to each client as an individual. I fed clients with an NG tube, neurological assessment every hour, and turned them every two hours. My client was diagnosed with encephalopathy, which resolved. She also has ascites, and she has been in a coma for 10 days. The provider does not understand the cause of the coma because all procedural diagnoses were negative. I also provide care to a client who does not have a skull on the left side and developed an infection after surgery.

2. What is one thing you learned?

I have learned a lot during this clinicals. I observed cryoablation of the kidney in radiology. I feed patients with NG tube feeding in the ICU, administering medication, initiating IV.

3. What is one thing you would do differently?

I must improve my knowledge and incorporate new skills into clinical practice. Reading books, evidence-based practice articles, and clinical practice will help me improve the quality of care to meet clients' needs.

4. What is your primary "take-home" from today's clinical experience(s)?

Nurses are required to think critically, practice nonmaleficence, and provide adequate care without prejudice or judgment. Also, nurses need to develop strategies to help them deal with stressful situations in the workplace and emotions.

5. Is there anything else you would like to mention?

Rotation during clinicals is very helpful.