

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references.** Your score will be based on this rubric. You must receive 77% (38.5 points) in order to pass this clinical assignment. **Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

For my school nurse observation, I had the pleasure of interacting with the children of Judith Giacoma elementary school. The school consists of kids ranging from pre-k to sixth grade, around ages three to twelve. The school also provides educational services for special needs kids. Having such a wide range of ages within the school helped me apply classroom knowledge better. This clinical site relates to the course because it involved interacting and caring for children, and this is an infant, child, and adolescent health course. Nurse Tammy is a wonderful asset to the school and gave tons of insight into what being a school nurse consists of.

2. How were you an engaged nursing professional today?

Having clinical is a great experience for me since I am a tactile learner. I was engaged in the nursing profession today in many ways. Most of my interventions were non-pharmacological; I was able to give an ice pack for a little boy who hit his head, as well as get clean clothes for some of the kids that spilled milk or had an accident. This is a great application of classroom content because pharmaceuticals are not always necessary. Nurse Tammy did a great job listening to the children and making them feel heard and safe. This is a skill I wish to bring into my nursing career.

3. How did you contribute to the service provided by the school nurse today?

Some of the things I was able to do were vital signs, more specifically temperature, for students that came in complaining of not feeling well. Most of the students that came in did not run a fever, so they were sent back to class, but some of them had to be sent home. Also, I was able to count carbohydrates with two diabetic kids, as well as give an insulin injection in the stomach. In addition, a couple students came in with bug bites, so I was able to put on anti-itch topical cream. Nurse Tammy did a great job in including us into the nursing care, while also explaining what she did and why she did it.

4. Name **3** ways this clinical site impacts Pediatric health?

This clinical site impacts pediatric health by providing health education, promoting health and wellness, and improving quality of life. Nurse Tammy provided health education by explaining each step of her assessment to the children, so they were as involved as possible. This allows the children to not only understand what is going on, but also to start recognizing the ways illness manifests in them. Health and wellness were promoted by sending students home who ran a fever, to allow them to rest and recuperate. Quality of life was improved, specifically for the diabetic students, because I was able to give insulin injections as well as track how well they are staying on top of diet – which is critical for people with diabetes.

5. What are the health risks of the population served during today's clinical based on your observations today?

Based on my clinical observations today, I would say the biggest health risk is childhood obesity. Many of the children that came to see Nurse Tammy were overweight. The school does not provide very nutritious meals for the children, much of the food contains lots of sodium or is processed. The school gets a wide variety of children, from multiple

different towns, some of them coming from the lower economic class. These children are forced to eat at school because their parents cannot afford to pack them a lunch. In addition, Nurse Tammy gave insight on the lack of physical exercise the children get outside from recess at school. Another health risk includes poor eyesight, related to the overuse of technology at home and at the school; many of the children had iPads for their classroom work.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Imbalanced nutrition: more than body requirements related to obesity as evidenced by lack of physical activity and sodium filled school lunches. A measurable goal for this school would be to My first nursing intervention would be that the school would be to advocate for more nutritious meals that include all the food groups, and switch to less processed food (Center for Disease Control and Prevention, 2016). Many of the items served to the children also contained a lot of carbohydrates, which negatively impacts the diabetic children. My second nursing intervention would create more opportunities for physical activity, such as after school programs or signing children up for district sports. My last intervention would be to discuss the children's emotions and events they associate with eating. Many children may eat out of stress or boredom or live in a stressful home environment that facilitates negative eating patterns (Center for Disease Control and Prevention, 2016). It is also important to not restrict children, nor put them on harsh diets because they can cause more harm than good.

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

My experience during my school nurse shadowing will greatly impact my nursing practice. Nurse Tammy was an exemplary example of the kind of nurse I want to be when I start my career. She was kind, caring and showed great love and fondness for the children. She also utilized many therapeutic communication techniques, as well as applying critical thinking skills. She was a great educational tool into how nursing has changed since she first started, and how much her job has changed too. It is important to me as a nurse to make my patients feel as safe and as taken care of as possible, and Nurse Tammy did just that.

References:

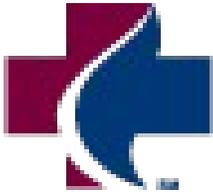
Centers for Disease Control and Prevention. "Childhood Obesity Causes & Consequences." *Centers for Disease Control and Prevention*, 2016, www.cdc.gov/obesity/childhood/causes.html.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Points- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____

*NOTE: Must achieve 38.5 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.



LAKEVIEW
COLLEGE OF NURSING

Course: N433 Semester: Fall 2021

Week: Date:

Clinical Preceptor Feedback of Student

Students Performance: *Please rate the student on their performance today. (1 being the lowest score possible and 5 being the highest)*

1. Student was prompt and ready for assignment?	5	4	3	2	1
2. Student acted in a professional manner?	5	4	3	2	1
3. Student performed tasks well and promptly?	5	4	3	2	1
4. Student interacted with staff and patients in a compassionate caring manner?	5	4	3	2	1
5. Student was engaged/enthusiastic and eager to learn?	5	4	3	2	1

Overall clinical performance: **(Please circle)** **Satisfactory** **Unsatisfactory**

Additional Comments:

Your feedback is to help improve communication and safety in the clinical setting between Lakeview faculty and the healthcare facility. Thank you for helping make our program successful! Please feel free to return in an envelope at your discretion.

Student: _____ Date/Time: _____

Preceptor Printed Name: _____ Department: _____

Please Check One:

_____ Yes, I have received a clinical skills information sheet for this student.

_____ No, I have not received a clinical skills information sheet for this student.

Preceptor Signature: _____ Agency: _____