N432 Amish Culture Report

Lakeview College of Nursing

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The Amish are most prevalent in Douglas County and its surrounding areas. The main cities include Arcola, Arthur, Sullivan, and Tuscola, where visitors can travel back in time to spend money on items like heirloom antiques, craftsman woodworking, and delicious homemade Amish food. Arthur has the largest Amish population in Illinois, with over 4,500 Amish citizens located just outside the Village of Arthur (Amish Country of Illinois, n.d.). The Amish pride themselves on the old style of living and do not use any electronics or forms of modern technology. They ask that visitors refrain from taking photographs of them, as it is disrespectful to their culture.

The Amish are Protestant Christians who believe in adult baptisms, pacifism, and galassenheit, which is the idea that a believer should surrender to God by obeying legitimate religious authority (Zavada, 2020). The Amish have a strict code of ethics that includes denouncing modern pleasures, rejecting sex before marriage, homosexuality, public nakedness. Modesty and purity are vital virtues for this culture. The Amish love having large families and forbid abortion and birth control. Men may speak for women, and women may have male providers, but modesty is encouraged by the culture (Zevada, 2020). The Amish are exempt from social security and often do not have health insurance. The high birth rate in women leads Amish men to outlive Amish women. The Amish often visit clinics when they seek care but do not practice birth control and veto preventative care such as immunizations and prenatal care. Only 16-26% of Amish children have been vaccinated against common childhood diseases (Corbella, 2020). One tip for caring for a female Amish patient is to be non-judgmental if they do not give you eye contact.

Pain and suffering are viewed as tests by God. The Amish find comfort in their trust in God during pain and suffering. This trust often leads to delays in seeking medical intervention during serious illnesses. Modern medicine is seen as a last resort instead of a first response. Amish families use homeopathic remedies that include vitamin supplements, plants, mineral oils, and herbs to treat different illnesses (Corbella, 2020). A large majority of Amish have home births for reasons including cost, lack of insurance, comfort, and the need to be close to family during the process. Midwives carry out home births (Corbella, 2020).

The typical Amish family structure includes large families with 7 to 10 children and traditional gender roles where the mother does all the cooking, cleaning, and childcare, while the father farms or woodworks (The Young Center, 2019). The elders are seen as an integral role in the family structure. Instead of seeking care at a nursing facility, they try to provide care to their parents themselves. Elders live with the family and are well respected. They enjoy time with their many grandchildren to pass on their wisdom. In Amish culture, the husband often speaks for the wife for traditional outward appearances. Often behind the scenes, the wife has expressed to the husband her wishes in clear communication. Amish women will avoid eye contact to show mistrust toward outsiders. This changes as trust is gained through the nurse speaking to the husband about the wife’s wishes (The Young Center, 2019). The Amish diet is mainly made up of carbohydrates and lipids but is accompanied by fresh fruit and vegetables that are homegrown. The Amish diet is rich in hearty meats and bread, commonly found in the hospital menu, but are far less organic and fresh. The Amish see meals as an integral family affair where family members can bond over and share food (Cuyun et al., 2011).

Works Cited

Amish Country of Illinois. (n.d.). *Our Communities*. Amish Country of Illinois. Retrieved October 3, 2021, from https://amishcountryofillinois.com/our-communities.

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The Young Center. (2019, September 24). *Family*. Amish Studies. Retrieved October 3, 2021, from http://groups.etown.edu/amishstudies/social-organization/family/

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N432 Clinical Cultural Report and grading rubric

Objectives:

- Describe cultural and ethnic characteristics that influence health care
- Identify factors that could affect the interaction of the nurse and the client in terms of culturally different health care values
- Discuss ways to provide culturally sensitive care in the Maternal/child setting

Assignment

- Choose a culture to research that you can observe in the local community. Work with your clinical group to have each person pick a different culture.
- Use your book, the internet, and other scholarly resources to research the health beliefs and practices of the culture you choose.
- Write a 1-page report on what you found, providing specific tips for patient care on the Mother/Baby and Labor & Delivery units
- Present a 5-minute oral report during post conference on the date assigned in the syllabus.
- Submit the written report including the references you used for your report in APA format to the drop box by the assigned date/time in your syllabus.

Guidance for your report

1. Description of the culture
    - Accurately describe the local prevalence of people in this ethnic group/culture

2. Discuss the core values of the culture chosen according to the following criteria.
   - Religion
     - Describe the religious beliefs of the ethnic group/culture you've chosen
       The Amish are Protestant Christians who worship at home, different families taking turns hosting worship each week. They believe in adult baptisms, pacifism,
     - Identify how these relate to health care, i.e. are male providers OK for female patients?
   - Healing beliefs and practices
     - How is pain and suffering viewed by people of this culture?
     - Are there any special practices related to labor, delivery, and/or the postpartum period?
   - Family life
     - What is the common structure of the family in this culture?
     - What is the role of elders? Live with the family? Respected/not respected?
   - Communication
     - What is the norm for this culture? Are females allowed to speak to strangers, or do their husbands speak for them?
     - Verbal and nonverbal communication norms
   - Diet
     - Describe the significance of food for members of this culture. Are certain foods eaten after the birth of a child?
     - How could culturally specific diet requirements impact hospitalization?

N432 Clinical Culture Report grading rubric Student name:

	10 points	**5 points**	**0 po**
Description of the culture 1. Accurately describes the local prevalence of people in this ethnic group/culture	Includes complete information regarding the culture.	1-2 of the key components are not filled in correctly.	3 or more of the key c are not filled in corre therefore no points w for this section
	10 points	**5 points**	**0 po**
Discusses the core values of the culture chosen. 1. Describes the religious beliefs of the ethnic group/ culture. 2. Describes how pain and suffering is viewed by people of this culture. 3. Describes the common	Includes complete information regarding the culture. Each section is filled out appropriately.	1-2 of the key components is missing detailed information.	3 or more of the key c are not filled in corre

structure of the family in the culture. 4. Describes communication norms for the culture 5. Describes dietary routines of the culture			
	10 points	**5 point**	**0 po**
Discusses the implications of these core values on health care including the childbearing experience.	Includes complete information regarding the implications oof these core values on healthcare including the childbearing experience.	1-2 of the key components are missing.	No implications of the on health care and the experience is included
	10 points	**5 point**	**0 po**
Provide at least three tips/suggestions/interventions your fellow students can use when working with patients of the culture you chose.	Includes at least three tips/suggestions/interventions for fellow students to use when working with the clients of the culture chosen.	1-2 of the key components are missing.	No tips/suggestions/i for fellow students to working with the clien culture chosen are inc

Written report and overall APA format	**5 Points**	**2.5 Points**	**0 Points**
Written report **APA Format** • The student used appropriate APA in text citations and listed all appropriate references in APA format. • Source(s) utilized should be 5 or less years old. o Source(s) greater than 5 years old will not be accepted. • Professional writing style and grammar was used in all narrative sections.	Written report with at least two appropriate references submitted to the drop box by the date/time assigned APA format was completed and appropriate. Grammar and spelling were professional and without errors	Written report with at least two appropriate references submitted to the drop box by the date/time assigned but while APA format was used, it was not correct with 1-2 errors noted. 1-2 grammar errors or overall poor writing style was used. Content was difficult to understand.	Written report not submitted to the drop box by the date/time assigned or no APA format or 3 or more errors noted. Source(s) utilized were greater than 5 years old. Grammar or writing style did no demonstrate collegiate level writing with 3 or more errors noted.
Instructor Comments:			

Total Points Awarded	/5**0**

Grading rubric (Must achieve 77% i.e. 38.5 points to pass. Not passing constitutes failure of clinical and the course.)