

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references.** Your score will be based on this rubric. You must receive 77% (38.5 points) in order to pass this clinical assignment. **Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

The school that I went to was Judith Giacoma elementary school. The school consists of children from age 6 to 10 years old. The school perfectly fits my course because my course is infant, child, and adolescent health. In addition, I can practically apply my classroom knowledge when I interact and cared for this population. For example, I can experience Erikson stages of Industry versus Inferiority on the clients who came to see school nurse Tammy. Pediatrics class focus on age group from newborn until adolescent and this school provided me with an opportunity to interact with school-age children. It was indeed an exceptional experience since this is a busy school, and there were lots of sick children with minor health issues.

2. How were you an engaged nursing professional today?

Although I am a student nurse, I had an opportunity to be a nursing professional in several ways. For example, I focused on taking vital signs, such as temperature, when a kid came with a sore throat. In addition, I applied ice packs to a kid who hit himself on his leg, which is a nonpharmacological nursing approach. This is an application of my critical thinking skills learned from my professors. In addition, I also used therapeutic communication techniques of listening from kids, which was a fantastic experience. From all the above examples, I was engaged in professional nursing experience today.

3. How did you contribute to the service provided by the school nurse today?

Before I answer this question, I want to share my opinion about school nurse Tammy. She is a sweetheart and kind woman who truly loves children. She was very kind and had a great sense of humor. She allowed me to put ice packs on the children as well to take tympanic temperatures. In addition, she explained to me how to do school physicals while she was performing a physical and neurovascular assessment on them. She allowed me to take blood glucose for a client who had Type 1 diabetes and allowed me to give insulin shots on his abdomen. I had a fantastic experience because she explained her job duties in a very detailed manner.

4. Name 3 ways this clinical site impacts Pediatric health?

This clinical site focused on health promotion, health prevention, and treatment of pediatric populations. Health promotion in this clinical site was done by the patient and parent teaching. For example, Tammy taught children and their parents how important is to take vaccinations and the importance of routine physical examination. This clinical site's second topic focused on health promotion, such as decreasing carbohydrate intake in children suffering from Type 1 Diabetes Mellitus. In addition, Tammy taught children and their parents the correct technique to check blood glucose to monitor blood glucose correctly when at home. The third topic this clinical site focused on was treating symptoms such as applying ice packs on a client who had swelling of his leg due to trauma. Hence this site positively impacted pediatric health by health promotion, prevention, and treatment using a nonpharmacological approach.

5. What are the health risks of the population served during today's clinical based on your observations today?

Based on my observation, there is a health risk for various metabolic diseases such as Type 1 Diabetes Mellitus and lack of physical activity, leading to obesity. Children were less involved in the physical activity based on information provided by their parents and school nurse Tammy. One parent complained that her child only eats chips the entire day and gained a lot of weight. This is a possible risk for augmenting chronic disease, leading to metabolic disorders in the kids. In addition, I observed that some children had vision impairment due to using technology at home and school and hence had poor eyesight.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

The major health risk of children going to this school was Type 1 Diabetes Mellitus. It is very important to maintain blood glucose in children with Diabetes mellitus because high blood glucose can lead to various systemic disorders such as diabetic nephropathy, retinopathy and neuropathy.

Nursing diagnosis: Risk for unstable blood glucose related to type 1 Diabetes Mellitus as evidenced by increased blood glucose seen in glucometer (Vera, 2021)

Goal – The measurable goal for clients suffering from type 1 Diabetes Mellitus is maintenance of blood glucose by monitoring their daily carbohydrate intake (Vera, 2021).

Nursing intervention :

- 1) Teach patient and family to measure blood glucose daily by glucometer at the same time every day.
- 2) Teach patient and family to monitor their carbohydrate intake by following the diet chart and adding the carbohydrate content of consumed food in order to know exact dose of insulin (Vera, 2021).
- 3) Teach patient and family about signs of hyperglycemia such as increased thirst, urination and hunger. The patient may also experience fatigue and blurry vision.
- 4) Measure patient's glycosylated hemoglobin levels every 2 to 3 months or ordered by their primary care provider.

- 5) Teach patient and family proper steps on how to administer subcutaneous insulin daily after meals to prevent hyperglycemia.
- 6) Instruct patient and family members on how to rotate injection site each time to prevent ecchymosis and hematoma (Vera, 2021).
- 7) Teach the patient and family members on how to properly dispose the needle as well as storing instructions.
- 8) Teach patient and family members on importance of consistent meal timing and monitoring their carbohydrate intake and increasing outdoor physical activity.
- 9) For client who are taking insulin pumps , instruct them to maintain proper patency.
- 10) Teach family members the complications associated with uncontrolled blood glucose of diabetes mellitus such as diabetic nephropathy, neuropathy and retinopathy.

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

I enjoyed working with children. I am grateful to Professor King and nurse tammy, who allowed me this fantastic opportunity to shadow a school nurse. It will alter my nursing practice in several ways—for example, the importance of critical thinking skills and direct application of therapeutic communication with the patients. I also learned that the nonpharmacological approach to treating symptoms is an alternative and non-invasive way to treat patients. In addition, the importance of making eye contact with children is an effective way to gain respect and trust from them. Lastly, it is important to make kids feel special by interacting with them in a playful approach during assessments.

APA citation

Vera, M. (2021, September 20). *17 diabetes mellitus nursing care plans and nursing diagnoses*. Nurseslabs. Retrieved October 2, 2021, from <https://nurseslabs.com/diabetes-mellitus-nursing-care-plans/>.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<p>- Content is incomplete. - Major points are not clear and /or persuasive</p> <p>Weight-1 point</p>	<p>- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts.</p> <p>Weight- 3 points</p>	<p>- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear.</p> <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<p>- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments</p> <p>Weight- 1 point</p>	<p>- Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments</p> <p>Weight- 5 points</p>	<p>- Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments</p> <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Points- 10 points</i></p>	<p>- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not.</p> <p>Weight- 1 point</p>	<p>- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not.</p> <p>Weight-5 points</p>	<p>- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why.</p> <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<p>- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used.</p> <p>Weight- 1 point</p>	<p>- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used.</p> <p>Weight- 5 points</p>	<p>- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used.</p> <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School</p>	<p>- Paper submitted to dropbox or discussion board late.</p>		<p>- Paper submitted to dropbox on time.</p>

Nurse shadow experience.			
Total Weight- 5 points	Weight- 1 point		Weight- 5 points

Total Points _____

*NOTE: Must achieve 38.5 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.



Course: <u> _N433 </u> Semester: <u> _Fall 2021 </u>
Week: <u> </u> Date: <u> </u>

Clinical Preceptor Feedback of Student

Students Performance: *Please rate the student on their performance today. (1 being the lowest score possible and 5 being the highest)*

1. Student was prompt and ready for assignment?	5	4	3	2	1
2. Student acted in a professional manner?	5	4	3	2	1
3. Student performed tasks well and promptly?	5	4	3	2	1
4. Student interacted with staff and patients in a compassionate caring manner?	5	4	3	2	1
5. Student was engaged/enthusiastic and eager to learn?	5	4	3	2	1

Overall clinical performance: **(Please circle)** **Satisfactory** **Unsatisfactory**

Additional Comments:

Your feedback is to help improve communication and safety in the clinical setting between Lakeview faculty and the healthcare facility. Thank you for helping make our program successful! Please feel free to return in an envelope at your discretion.

Student: _____ Date/Time: _____

Preceptor Printed Name: _____ Department: _____

Please Check One:

_____ Yes, I have received a clinical skills information sheet for this student.

_____ No, I have not received a clinical skills information sheet for this student.

Preceptor Signature: _____ Agency: _____