N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. You must receive 77% (38.5 points) in order to pass this clinical assignment. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

   - Partaking in a clinical site at an elementary school is related to our course because we talk about the care and development of infants to adolescents. Being at a school, you get to engage with a wide variety of ages ranging from five to eighteen. This clinical site relates to pediatrics because they provide mental health support, well-being needs, and support children to keep them safe. During our course, we learn how to care for children and being in a school setting you learn to educate children on controlling their symptoms, managing diseases, and avoiding trips to the hospital.

2. How were you an engaged nursing professional today?

   - Several children came into the nurse's office today while being at clinical. Today, I was an engaged nursing professional by caring for children, passing medications, and using therapeutic communication. Many students come to the nurse's office for medications once or twice daily. Many of the medicines these students were taking were for attention deficit disorder, attention-deficit/hyperactivity disorder, and cystic fibrosis. I also had the opportunity to clean up minor scrapes and cuts the children got while playing outside or in gym class. Also, one student had to receive tube feedings, so I got to experience how the nurse administers that while at school.

3. How did you contribute to the service provided by the school nurse today?

   - I contributed to the service provided by the school nurse today by helping her clean up students who had fallen and were bleeding. I offered her band-aids, Neosporin, and wet paper towels to help clean up the blood first and prevent any infection. I also contributed to the service by talking therapeutically to the students who came into the office. Many students get nervous talking about what is wrong, so I ensured they were taken care of before returning to class. Lastly, I contributed to the service provided by the school nurse by distracting a nonverbal child while she administered their tube feeding. This distraction benefitted the nurse because the child did not pull on the tube or spill the feeding while dispensing it.

4. Name **3** ways this clinical site impacts Pediatric health.

   - There are multiple ways that a school setting impacts pediatric health. The first way is establishing lifelong healthy behaviors (Johnson, 2017). These behaviors include educational programs on nutrition and the use of MyPlate. The program shows kids the proper food groups and which ones to eat more of and less of. The programs also give an easy understanding of what can happen to your body if you eat more of the wrong food groups and less of the good ones. Another way school nursing impacts pediatric health is by reducing the prevalence of health risk behaviors among the youth. Schools provide multiple safety programs, including car safety, fire safety, and safety pads on knees and elbows when riding a bike or other activities. These programs help reduce injuries and educate the child on what can happen to the body if these safety protocols aren't applied. Lastly, school nursing impacts pediatric health by having a positive effect on academic performance (Johnson, 2017). School and learning are critical at a young age, so this clinical site knows how to make it enjoyable and educational at the same time to promote a positive academic performance.

5. What are the health risks of the population served during today's clinical based on your observations today?

   - I observed a couple of health risks of the school-age children served today during my clinical. One that caught my attention was homelessness and lack of hygiene. Students came into the nurse's office looking for new clothes and even a pair of socks. Many students looked like they were already wearing clothes and shoes given to them by the nurse. Another health risk I noticed was obesity in children. Many children don't have the resources or money for proper nutrients and vitamins, so I noticed multiple overweight students at such a young age. I also saw many mental health disorders, such as attention-deficit/hyperactivity disorder and attention deficit disorder. Numerous students would come into the nurse's office throughout the day for medication, and from what I observed, all were for these disorders except for a couple of students.
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6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

   - My nursing diagnosis is imbalanced nutrition related to more than body requirements, as evidenced by childhood obesity. The goal is that the child will demonstrate an appropriate selection of meals using variety, balance, and moderation and participate in physical. My first nursing intervention is to monitor the child at school during breakfast and lunch to ensure that they include fruits and vegetables in their diet and not consume only junk food all day. Secondly, provide education to all students about adequate nutritional intake. This education can include the risk factors of being obese and educating about the MyPlate for every meal during the day. Lastly, encourage the student to participate in regular physical activity every day for at least 30 minutes. Physical activity can include the student participating adequately in physical education class and playing with kids outside at recess.

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

    - My experience during the school nurse job shadowing will impact my nursing practice because it allowed me to interact more with children. This opportunity allowed me to become more familiar with how to communicate with children and care for them. Therapeutic communication is a fundamental communication technique when communicating with school-age children. It makes them feel more comfortable and allows them to gain confidence about what they need to tell you about. I also noticed how important it is to explain what you are doing to them. This explanation is vital because they are curious about how you will care for them and what will make them heal and stop hurting.

References

Johnson, K. (2017). Healthy and Ready to Learn: School Nurses Improve Equity and Access. *OJIN: The Online Journal of Issues in Nursing*, *22*(3). https://doi.org/10.3912/ojin.vol22no03man01

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete ***Total Weight- 5 points***	- Content is incomplete. - Major points are not clear and /or persuasive **Weight-1 point**	- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. **Weight- 3 points**	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. **Weight- 5 points**
Critique of experience-Evaluation and Rationale for your comments ***Total Weight- 10 points***	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments **Weight- 1 point**	- Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments **Weight- 5 points**	- Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments **Weight- 10 points**
Thoughtful Reflection- How will this affect your practice, or will it? ***Total Points- 10 points***	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. **Weight- 1 point**	- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. **Weight-5 points**	- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. **Weight-10 points**
APA Format Correct spelling/Grammar. **Must use 1 scholarly reference (published within the last 5 years)** ***Total Weight- 10 points***	- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. **Weight- 1 point**	- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. **Weight- 5 points**	- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. **Weight- 10 points**
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. ***Total Weight- 10 points***	ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate. **Weight- 1 point**	- ND accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate. **Weight- 5 points**	- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. **Weight- 10 points**
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience. ***Total Weight- 5 points***	- Paper submitted to dropbox or discussion board late. **Weight- 1 point**		- Paper submitted to dropbox on time. **Weight- 5 points**

Total Points _____

*NOTE: Must achieve 38.5 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.

LAKEVIEW
COLLEGE OF NURSING

Course: _N433___ Semester: __Fall 2021__

Week: _____ Date: _____

Clinical Preceptor Feedback of Student

Students Performance: *Please rate the student on their performance today. (1 being the lowest score possible and 5 being the highest)*

1. Student was prompt and ready for assignment?	5	4	3	2	1
2. Student acted in a professional manner?	5	4	3	2	1
3. Student performed tasks well and promptly?	5	4	3	2	1
4. Student interacted with staff and patients in a compassionate caring manner?	5	4	3	2	1
5. Student was engaged/enthusiastic and eager to learn?	5	4	3	2	1

Overall clinical performance: (Please circle) Satisfactory Unsatisfactory

Additional Comments:

_____
_____
_____
_____
_____
_____
_____

Your feedback is to help improve communication and safety in the clinical setting between Lakeview faculty and the healthcare facility. Thank you for helping make our program successful! Please feel free to return in an envelope at your discretion.

Student: _____Date/Time: _____

Preceptor Printed Name: _____Department: _____

<u>Please Check One:</u>

_____ Yes, I have received a clinical skills information sheet for this student.

_____ No, I have not received a clinical skills information sheet for this student.

Preceptor Signature: _____ Agency: _____