

N431 Adult Health II

Clinical Reflection Form

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Clinical Rotation Site: CT 8B

1. Briefly write about today's experience(s) Today, I got to experience taking care of a obese patient with cellulitis of the lower leg. He was given Lasix for his chf and was moved from the bed to the recliner. He complained that his leg kept sliding because there was so much drainage coming from his leg so we put a towel down to help catch it. I never saw cellulitis or lymphedema to that extent and it was interesting to witness and experience it.
2. What is one thing you learned? I learned that with cellulitis, patient's are on an antibiotic to treat the infection but the wound is left open air to heal.
3. What is one thing you would do differently? If I could do one thing differently, I would've offered to get help so we could keep the leg with cellulitis and edema elevated. He was obese so I didn't know if it was at all possible and didn't know how to go about it.
4. What is your major "take home" from today's clinical experience(s)? My major take home from today's clinical experience is to not be afraid to make a suggestion for the patient because it wouldn't hurt to try it out.

5. Is there anything else you would like to mention? It was a great experience, I enjoyed my clinical day.