

Journal 1

Compromised autonomy

This article relates to the course material regarding patient rights and autonomy. It talks about medical decisions that the patient must make that the family members may disagree with. The patient can end up feeling pressured and make decisions they are not comfortable with. Healthcare workers need to advocate for their patients who may face compromised autonomy. This week's concept that I feel knowledgeable about is delegation to unlicensed assistive personnel (UAP) and what is and is not acceptable to delegate to them. Delegation is easy to understand because I have been an ER tech for five years and have learned what can and cannot be delegated. The problematic concept would be making sure I know the difference between beneficence and autonomy., the terms can become confusing when put in a scenario question. I will work on understanding my terms by studying them and making practice questions for myself. This week I am most proud of my hard work to get most things done ahead of time. I have learned that being a student nurse is highly challenging, but I refuse to give up no matter the obstacles I have faced. I am proud of myself for trying my best at everything I do, even if I feel defeated.

Reference

Blackler, L. (2016). Compromised autonomy. *Journal of Hospice & Palliative Nursing*, 18(4), 184–191. <https://doi.org/10.1097/njh.0000000000000264>