

Princess Hernandez

N443

### **Journal #1**

To guide your journal entry, you can choose from some of the questions below:

- How does this journal article/current events/concept relate to the course material?
- **What concepts from class did I easily master this week? Why were they easy?**
- What concepts from class were difficult for me this week? Why were they difficult?
- Of everything I did this week, what am I most proud of?
- What have I learned this week about myself as a student nurse?

The concepts from class that I easily master this week are the ethical principles and the advance directive. These concepts are easily mastered because they have been introduced and taught to us since the first semester fundamental and introduction to professional nursing course. Ethical principles and advance directives are essential concepts in nursing practice. Marquis & Huston (2021) states that nurses must know patient have the autonomy or make own decision for themselves even refusing any services. Nurses must treat patients well, without any harm, fairly, equally, and truthfully, which are aspects of other ethical principles (Marquis & Huston, 2021). Ethical principles are used in practice every day when taking care of a patient. During clinical rotation every semester, I also hear about nurses asking and educating patients about the advance directive, so this topic was something I quickly understood during the lecture. An advance directive is a document in which a patient specifies what they want for their health if they cannot make their own decision due to illness or impairment (Marquis & Huston, 2021). It also includes a durable power of attorney which patient names a person they trust to decide for themselves if they are unable to do (Marquis & Huston, 2021). As nurses, we should be knowledgeable about advance directives because it is our responsibility to ensure the patient knows about the advance directive and follows their wishes about their health.

#### **Reference:**

Marquis, B. & Huston, C. (2021). *Leadership roles and management functions in nursing*. (10<sup>th</sup> ed.). Wolters Kluwer.

**All entries must be at least 200 words and use a scholarly source. The use of direct quotes is prohibited. Class participation is also incorporated into the journal grade. To maximize points for the journal, please participate in class discussion and attend class every week.**

<b>Criteria</b>	<b>Points Possible</b>	<b>Points Earned</b>	<b>Faculty Comments</b>
Journal entry is relevant to class material and at least 200 words	<b>9</b>		
Class participation	<b>5</b>		
Scholarly source is published within the last 5 years, is cited correctly using APA format, no direct quotes are used	<b>1</b>		
<b>TOTAL</b>			