

N431 Adult Health II

Clinical Reflection Form

Name: **Kenny Johnson**

Date: **9/8/21**

Clinical Rotation Site: **Carle Hospital Urbana/ Radiology**

1. Briefly write about today's experience(s)

**I showed up to the radiology unit and was paired with the charge nurse Samia. I began the day by helping her do inventory on the crash carts outside of CT and MRI rooms. She showed me the CT rooms and explained where everything was at. She then asked me about how comfortable I was with IVs. She practically gave me a crash course in IVs. I learned about valves in veins and how to check for them in order to find the best spot that will flush easiest. I learned her way of doing an IV involving using a blood pressure cuff instead of a tourniquet. I practiced the steps for about an hour before getting the chance to insert an IV into a man's hand. My nurse seemed more excited that I got the IV on the first time than I was. It was the most comfortable in a hospital environment than I have ever been and I am grateful for this experience.**

2. What is one thing you learned?

**I learned about valves in the veins and what to do in order to feel and see them. Samia explained that knowing this skill will help find the best spot of the vein to avoid flushing problems (if it's just the valve). I also learned that helping other nurses on the unit who are not assigned to me is extremely helpful and fosters a good environment.**

3. What is one thing you would do differently?

**One thing that I would do differently is to ask to spend more time seeing the procedures being done. I came into the clinical not feeling great about certain patient care skills. This included skills like IV insertion and foley catheter insertion. Nurse Samia explained that if I am able to do them, I can get some practice in with real patients. I didn't get to insert a foley catheter due to the patient that came to the unit already having one, but I did get to learn all about the best practices in inserting and IV along with practice on a real human being.**

4. What is your major “take home” from today’s clinical experience(s)?

**Doing the little things for the nurse that we are assigned to can help develop a good relationship with the nurse so you are able to learn more and do more. I also feel more comfortable placing IVs. Radiology nursing is important because the nurse preps the patient before the procedures and is in charge of medications and calling about the schedule when it is needed.**

5. Is there anything else you would like to mention?

**There were two other nursing students on the unit from Illinois State and they seemed stiff and on edge when I got there. I had some extra time between patients and talked to each of them briefly about how school is going to gauge where they were at. Overall, they were nice girls who were nervous because it was their first real clinical rotation. I can remember how nervous I was my first time at clinical.**