

Two Roads Wellness Clinic

505 E. University Avenue

Champaign, IL 61820

Phone: (217) 607-2990

Contact : Sasha Powell, MSN CNP

Clinical Hours: 9am -12:00 pm The clinic is on University Avenue a few blocks west of OSF HMMC. There is parking to the side of the building.

As always, you will be in uniform and have your badge and mask. When you arrive, you will check in at the front desk and then will be directed to the appropriate office.

Below is the assignment you will complete after your clinical day ends and which you are to submit it to the drop box within 5 days from the day of your clinical.

N442 – Active Learning for Two Road’s Wellness Clinic Shadowing Experience

Complete this Active Learning activity after your clinical at the Two Roads Wellness Clinic. Submit your completed assignment to the drop box within 5 days of this clinical rotation. **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar and spelling as well as APA format for references.** Your score will be based on this rubric. You must receive 77% in order to pass this clinical assignment.

Levi Hahne

1. How many clients were seen today at the clinic? We had two clients not show up today during my hours on the clinical site. There were six patients scheduled for the day, but I only got to sit in on one patient’s meeting.
2. What were the activities that the Social worker and the nurse performed today? The social workers performed tasks that involved questions about the patient’s dietary changes, and based on her new information of what her genes correlated with they researched what would best suit her nutritional needs and what herbals and oils would help benefit her.
3. How were you an engaged nursing professional today? I got to speak and listen with the workers and the patient and discuss nutritional value and exercises that would help the client achieve better health based on their own genes.
4. How did you contribute to the service provided by the clinic nurse today? I was able to ask questions and learn how important mental health, exercise and nutrition is on a person. I was not able to do any hands-on activities as this was more so a therapy meeting to sit in on and observe while asking questions.
5. What are the health risks of the population served during today’s clinical based on your observations today? Some health risks could include false information on a patient’s diet based on what their genes suggest would be good. It is important to study what is best for each patient’s body. They may be doing improper exercises that they would have thought would be beneficial for them.
6. How does this clinical site relate to the Population and Global Health Course? It can be accessible to anyone regardless of income, social status, religious views. They also have multiple locations and resources around the area for easier access.
7. Name **3** ways this clinical site impacts Population and Global health? They are open to everyone, they have multiple locations and other places working hand-in-hand to help each patient individually, such as nutritional clinics, massage therapies, and supplement stores. They also aim to find specific treatment plans based on a person’s genes, health, and specific issues.

8. Choose one of the health risks identified in question 6 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal. One health risk to discuss would be eating the wrong foods that may actually harm your body. The nursing diagnosis could be lack of imbalanced nutrition. Some interventions to include would be maintaining a proper weight based on height and age, another intervention would be figuring out what time of the day the patient's appetite is at its peak, and lastly, providing pleasant environments would be suggested. The goal of performing these interventions is to avoid obesity, illnesses, and proper food intake that supports the immune system.
9. How will your experience during the Two Roads Wellness Clinic job shadowing impact your Nursing practice? It will help me understand that each person is different in their own way, so it helps me acknowledge that one treatment plan may not work for another, it has taught me to explore other options that will benefit a patient directly based on what their body may require.

N 442

Grading Rubric Nurse Shadowing clinical Paper- 50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete <i>Total Weight- 5 points</i>	- Content is incomplete. - Major points are not clear and /or persuasive Weight-1 point	- Content is not comprehensive and /or persuasive. - Major points are addressed, but not well supported. - Research is inadequate or does not address course concepts. Weight- 3 points	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. Weight- 5 points
Critique of experience-Evaluation and Rationale for your comments <i>Total Weight- 10 points</i>	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. -Lack of evaluation and rationale for comments Weight- 1 point	- Structure of the paragraphs are not easy to follow. - Paragraph transitions need improvement. -Lack of adequate evaluation and rationale for comments Weight- 5 points	- Structure of the paragraphs are clear and easy to follow. -Good evaluation and rationale for comments Weight- 10 points
Thoughtful	- Paper lacks many	- Paper follows most guidelines.	- Paper follows designated guidelines.

<p>Reflection- How will this affect your practice or will it?</p> <p><i>Total Points- 10 points</i></p>	<p>elements of correct formatting. - Paragraphs are inadequate or excessive in length. -Unspecific as to how this experience will impact your nursing practice or not. Weight- 1 point</p>	<p>- Paper is over/ under word length. -Lacks some specifics as to how this experience will impact your nursing practice or not. Weight-5 points</p>	<p>- Paper is the appropriate length as described for the assignment. -States clearly as to how this experience will impact nursing practice or not and why. Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>If references are used, they are in APA Format</p> <p><i>Total Weight- 10 points</i></p>	<p>-Lack of APA format. -Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone -Lack of APA citation use and Reference page if references used. Weight- 1 point</p>	<p>- Inappropriate APA format. - Paper contains few grammatical, punctuation and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. -Inappropriate APA citation use and Reference page if references used. Weight- 5 points</p>	<p>-Correct APA format. -Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure -Correct APA citation and reference page if references used. Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>-ND inaccurate for setting; goal/outcome not measurable; or Nursing interventions are inappropriate or inadequate. Weight- 1 point</p>	<p>-ND accurate for setting; goal/outcome is measurable; but Nursing interventions are inappropriate or inadequate. Weight- 5 points</p>	<p>-ND accurate for setting; goal/outcome are measurable; Nursing interventions appropriate and adequate for this setting. Weight- 10 points</p>
<p>Paper submitted to dropbox within 1 week of the shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>-Paper submitted to dropbox or discussion board late. Weight- 1 point</p>		<p>-Paper submitted to dropbox or discussion board on time. Weight- 5 points</p>

Total Points _____

*NOTE: Must achieve 38.5 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.



Clinical Preceptor Feedback of Student

Course: _____	Semester: _____
Week: _____	Date: _____

Students Performance: Please rate the student on their performance today. (1 being the lowest score possible and 5 being the highest)

- | | | | | | |
|---|---|---|---|---|---|
| 1. Student was prompt and ready for assignment? | 5 | 4 | 3 | 2 | 1 |
| 2. Student acted in a professional manner? | 5 | 4 | 3 | 2 | 1 |
| 3. Student performed tasks well and promptly? | 5 | 4 | 3 | 2 | 1 |
| 4. Student interacted with staff and patients in a compassionate caring manner? | 5 | 4 | 3 | 2 | 1 |
| 5. Student was engaged/enthusiastic and eager to learn? | 5 | 4 | 3 | 2 | 1 |

Overall clinical performance:

(Please circle)
Unsatisfactory

Satisfactory

Additional Comments:

Your feedback is to help improve communication and safety in the clinical setting between Lakeview faculty and the healthcare facility. Thank you for helping make our program successful! Please feel free to return in an envelope at your discretion.

Student: _____ Date/Time: _____

Preceptor Printed Name: _____ Department: _____