

## Cultural Scenario Assignment

Learning Objectives and Outcomes		
Area	Objective	Course Student Learning Outcome (CSLO's), Baccalaureate Essential's & QSEN
Knowledge	<p>Apply transcultural nursing concepts in the delivery of nursing care.</p> <p>Examine the influence of culture on nursing care decisions and actions for patients.</p>	<p>CSLO 1, 3 Baccalaureate Essential VIII QSEN Patient-Centered Care</p>
Skills	<p>Apply transcultural nursing principles, concepts, and Leininger's Sunrise Model theory when providing nursing care to individuals, families, groups, and communities.</p> <p>Adapt delivery of care to address patient with limited English proficiency.</p> <p>Assess patient's need for spiritual services.</p>	<p>CSLO 3, 5 Baccalaureate Essential VIII QSEN Patient-Centered Care</p>
Attitudes	Values the role of	CSLO 3, 6

	<p>transcultural nursing care decisions and actions.</p> <p>Recognize personally held attitudes about working with patients from different ethnic, cultural and social backgrounds.</p>	<p>Baccalaureate Essential VIII QSEN Patient-Centered Care</p>
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## Instructions:

Before Scenario:

Read pages 95-106 of Chapter 7 “Overview of Transcultural Nursing”

Read pages 26-29 of <http://www.aacnnursing.org/Portals/42/Publications/BaccEssentials08.pdf>  
Essential VIII: Professionalism and Professional Values

Read QSEN Patient-Centered Care

[http://qsen.org/competencies/graduate-ksas/#patient-centered\\_care](http://qsen.org/competencies/graduate-ksas/#patient-centered_care)

Reflect on how the following concepts:

### **Health and Culture:**

The nurse must recognize that members of various cultures define “health” differently. Individuals may define themselves or others in their group as healthy even though the nurse identifies symptoms of disease. Cultural priorities of the client may differ from that of the nurse.

### **Culture and Healing:**

Some individuals and families in some cultural groups may also use traditional healing systems, sometimes called lay or folk-healing systems, with or without allopathic (modern) medicine. In addition to seeking help from the nurse as a health care provider, clients may also seek help from traditional or religious healers. Most nurses have experienced clients who combine medical care with prayer. Nurses need to be sensitive to, respectful of and nonjudgmental regarding patients' health beliefs and practices in order to maximize patient outcomes.

Health status of all clients is influenced by the interaction of physiological, cultural, psychological, economic and societal factors. Diversity within and among groups necessitates data collection activities and programs that are tailored to meet the unique health care needs of different subgroups.

Health beliefs are translated into health care practices, which then affect health status. What constitutes appropriate care for specific health conditions may be guided by cultural and social class expectations?

**Health Information and Education:**

Planning health education programs requires identifying and building on cultural strengths and ensuring sensitivity to cultural factors. Meeting the language and cultural needs of each identified minority group, using minority specific community resources to tailor educational approaches, and developing materials and methods of presentation that are at the educational level of the target population are essential considerations in the planning process. Health programs should be sustainable over a long period of time and accountable to the people they serve.

You will be given a specific scenario upon arriving to the simulation lab. You will then have to act out how you will handle the situation as a nurse. The cultural scenario will be videotaped and watched back by the student and instructor during a debriefing period. Videotaping will be used for evaluating, remediating, and debriefing the educational process. The video will be used for educational and demonstration purposes only.

Once the debriefing period is over you will then complete a reflective activity and turn in to the instructor.

## Reflective Activity

*What are the major take-home lessons for you today?* It is important to recognize the cultural/religious aspect of your client. Gaining the trust of the client with good communications, respecting the client's religious beliefs, and providing good care shows the client and family wholistic medicine is provided to them.

*How can I adapt my nursing practices to be more responsive to the unique needs of diverse patient populations?* One way is to do quick research on the cultural/ethnic group from an evidence based, reliable source. Another way is to talk to your professional medical peers for guidance. But, most importantly, communicate with the client and family about how to address issues of diversity.

*How can I adapt my nursing practices to be more responsive to patients with limited English proficiency?* Clients with limited English proficiency can be assisted by utilizing an interpreter from the hospital/clinic to communicate to the client and family. The interpreter is a professional that is not under stress like a family member who is dealing with their own difficulties with their relative.

(This question was on the paper given to us but not listed on this computer) *How will you incorporate transcultural nursing concepts in your nursing practice?* I will incorporate transcultural nursing concepts in my nursing practice by reading evidence-based literatures. These sources are professionally review and can guide the nurse based on tried-and-true methods. I will use the AIDET model to communicate with the client and family. With the correct attitude and respect for my client. I will introduce to the client and family what will be done and how long it normally takes. I will explain to my client about the needs, which will help the client and family with questioning. Lastly, saying thank-you for being a client at this facility. Using this model will teach me to interact/communicate with the client and family to gain their trust and provide proper care. Lastly, I will utilize other medical personnel with experience by asking their guidance.

**STUDENT NAME** \_\_\_\_\_ **Jerry Williams** \_\_\_\_\_

### **RUBRIC FOR CULTURAL SCENARIO ASSIGNMENT**

**CULTURE SELECTED:** \_\_\_\_\_

<b>Objective Grade</b>	<b>Exemplary 2</b>	<b>Average 1</b>	<b>Unsatisfactory 0</b>	
Understanding of culture.	Demonstrates an understanding of culture and cultural competence in practice	Demonstrates limited understanding of culture and cultural competence in practice	Lacks understanding of culture of culture and cultural competence in practice	___ Pts.
Incorporates findings from cultural assessment	Incorporates key findings from cultural assessment.	Incorporates limited key findings from cultural assessment.	Little to no incorporation of key findings from cultural assessment.	___ Pts.
Incorporates cultural health practices	Evaluates cultural health practice.	Limited incorporation of cultural practices as appropriate.	Little to no incorporation of cultural health practices.	___ Pts.
Identifies key health teaching needs of patient and appropriate delivery method	Demonstrates evidence of key health teaching needs of patient and appropriate delivery methods.	Limited evidence of key health teaching needs of patient and appropriate delivery methods.	Little to no evidence of key health teaching needs of patient and appropriate delivery methods.	___ Pts.
Reflective Activity	Reflection of experience was in depth and adequately explained.	Reflection of experience was minimal on the reflective questions.	No reflection of experience on the reflective activity.	___ Pts.

**Comments:**

**TOTAL POINTS:** \_\_\_\_\_/10

**Instructor Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Cultural Scenario: Post Exercise Evaluation (Likert scale 1-5, least to most)

1) Debriefing with faculty provided an opportunity to self -reflect, which improved my knowledge, skills, and attitude/confidence.

1      2      3      4      5

2) Faculty was prepared and facilitated enhanced learning during the debriefing period

1      2      3      4      5

3) I recommend the continuation of “Cultural Scenario” and feel it is a valued learning experience.

1      2      3      4      5

4) What are some things you have learned today that you will use in your practice?

As the United States becomes more and more a melting pot of all races, different blends of people of color, and an overall a country where there will be more non-whites, nursing needs to be ready to have a basic knowledge of other’s culture, values, beliefs, and spiritualization in order to gain a trusting relationship with the client. Knowing what Ash Wednesday and Lent represents, having an interpreter present during dialogs between the client, family, and the nurse, and being flexible in the client’s non-Western way-of-care, will provide a trusting relationship between all parties.

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Suggestions:

Like on the *Hospital Room of Horrors Assignment*, perhaps dividing the many students into groups to attend on different days. This reduces the stress of teachers teaching many students at one time and students can appreciate a smaller classroom experience. Otherwise, a great learning day.

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