

Deanna Braden

Cultural Scenario Assignment

Learning Objectives and Outcomes		
Area	Objective	Course Student Learning Outcome (CSLO's), Baccalaureate Essential's & QSEN
Knowledge	Apply transcultural nursing concepts in the delivery of nursing care.	CSLO 1, 3 Baccalaureate Essential VIII QSEN Patient-Centered Care
	Examine the influence of culture on nursing care decisions and actions for patients.	
Skills	Apply transcultural nursing principles, concepts, and Leininger's Sunrise Model theory when providing nursing care to individuals, families, groups, and communities.	CSLO 3, 5 Baccalaureate Essential VIII QSEN Patient-Centered Care
	Adapt delivery of care to address patient with limited English proficiency.	
	Assess patient's need for spiritual services.	
Attitudes	Values the role of	CSLO 3, 6

	<p>transcultural nursing care decisions and actions.</p> <p>Recognize personally held attitudes about working with patients from different ethnic, cultural and social backgrounds.</p>	<p>Baccalaureate Essential VIII QSEN Patient-Centered Care</p>
--	---	--

Instructions:

Before Scenario:

Read pages 95-106 of Chapter 7 “Overview of Transcultural Nursing”

Read pages 26-29 of <http://www.aacnnursing.org/Portals/42/Publications/BaccEssentials08.pdf>
Essential VIII: Professionalism and Professional Values

Read QSEN Patient-Centered Care

http://qsen.org/competencies/graduate-ksas/#patient-centered_care

Reflect on how the following concepts:

Health and Culture:

The nurse must recognize that members of various cultures define “health” differently. Individuals may define themselves or others in their group as healthy even though the nurse identifies symptoms of disease. Cultural priorities of the client may differ from that of the nurse.

Culture and Healing:

Some individuals and families in some cultural groups may also use traditional healing systems, sometimes called lay or folk-healing systems, with or without allopathic (modern) medicine. In addition to seeking help from the nurse as a health care provider, clients may also seek help from traditional or religious healers. Most nurses have experienced clients who combine medical care with prayer. Nurses need to be sensitive to, respectful of and nonjudgmental regarding patients' health beliefs and practices in order to maximize patient outcomes.

Health status of all clients is influenced by the interaction of physiological, cultural, psychological, economic and societal factors. Diversity within and among groups necessitates data collection activities and programs that are tailored to meet the unique health care needs of different subgroups.

Health beliefs are translated into health care practices, which then affect health status. What constitutes appropriate care for specific health conditions may be guided by cultural and social class expectations?

Health Information and Education:

Planning health education programs requires identifying and building on cultural strengths and ensuring sensitivity to cultural factors. Meeting the language and cultural needs of each identified minority group, using minority specific community resources to tailor educational approaches, and developing materials and methods of presentation that are at the educational level of the target population are essential considerations in the planning process. Health programs should be sustainable over a long period of time and accountable to the people they serve.

You will be given a specific scenario upon arriving to the simulation lab. You will then have to act out how you will handle the situation as a nurse. The cultural scenario will be videotaped and watched back by the student and instructor during a debriefing period. Videotaping will be used for evaluating, remediating, and debriefing the educational process. The video will be used for educational and demonstration purposes only.

Once the debriefing period is over you will then complete a reflective activity and turn in to the instructor.

Reflective Activity

What are the major take-home lessons for you today?

In this scenario we had a patient that was female, Amish, and only fluent in Dutch. The patient did not want to hurt nurse's feelings, but she also was not comfortable with a male nurse providing care for her. It is important for healthcare members to not show bias, but instead show understanding of other cultures. Women of the Amish community prefer to not have a man caring for them, so the healthcare team needs to make accommodations to make the patient as comfortable as possible by switching to a female nurse. Since the patient is only fluent in Dutch, it is also important to provide a translator for the patient. The nurse should always have eye contact with the patient as opposed to the translator during conversations.

How can I adapt my nursing practices to be more responsive to the unique needs of diverse patient populations?

The ways that I can adapt my nursing practices to be more responsive to the unique needs of diverse patient populations is through awareness, learning about other cultures, building trust and rapport, avoid making assumptions, overcoming language barriers, being an active listener, and educating patients about medical practices.

How can I adapt my nursing practices to be more responsive to patients with limited English proficiency?

The way that I can adapt my nursing practices to be more responsive to patients with limited English proficiency is by being culturally sensitive. I could also learn polite expressions, speak in full sentences, keep it simple, and avoid slang. When using an interpreter, it is important to always have eye contact with the patient instead of the interpreter. It is also important to use an interpreter that is not a family member.

STUDENT NAME: Deanna Braden

RUBRIC FOR CULTURAL SCENARIO ASSIGNMENT

CULTURE SELECTED: _____

Objective Grade	Exemplary 2	Average 1	Unsatisfactory 0	
Understanding of culture.	Demonstrates an understanding of culture and cultural competence in practice	Demonstrates limited understanding of culture and cultural competence in practice	Lacks understanding of culture of culture and cultural competence in practice	___ Pts.
Incorporates findings from cultural assessment	Incorporates key findings from cultural assessment.	Incorporates limited key findings from cultural assessment.	Little to no incorporation of key findings from cultural assessment.	___ Pts.
Incorporates cultural health practices	Evaluates cultural health practice.	Limited incorporation of cultural practices as appropriate.	Little to no incorporation of cultural health practices.	___ Pts.
Identifies key health teaching needs of patient and appropriate delivery method	Demonstrates evidence of key health teaching needs of patient and appropriate delivery methods.	Limited evidence of key health teaching needs of patient and appropriate delivery methods.	Little to no evidence of key health teaching needs of patient and appropriate delivery methods.	___ Pts.
Reflective Activity	Reflection of experience was in depth and adequately explained.	Reflection of experience was minimal on the reflective questions.	No reflection of experience on the reflective activity.	___ Pts.

Comments:

TOTAL POINTS: _____/10

Instructor Signature: _____

Date: _____

Cultural Scenario: Post Exercise Evaluation (Likert scale 1-5, least to most)

1) Debriefing with faculty provided an opportunity to self -reflect, which improved my knowledge, skills, and attitude/confidence.

1 2 3 4 **5**

2) Faculty was prepared and facilitated enhanced learning during the debriefing period

1 2 3 4 **5**

3) I recommend the continuation of “Cultural Scenario” and feel it is a valued learning experience.

1 2 3 4 **5**

4) What are some things you have learned today that you will use in your practice?

I learned to not take things personal. I will have an understanding for different cultures that have different beliefs by not getting my feelings hurt if they would prefer a different nurse to care for them. Certain cultures may not be comfortable with you caring for them based on your gender. This is okay and their wishes should be accommodated. This has nothing to do with you on a personal level and has nothing to do with your competence to provide care for them. This is their beliefs, and we as healthcare providers should respect their wishes and do everything possible to provide the best care possible.

Suggestions:
