

Cultural Scenario Assignment

Learning Objectives and Outcomes		
Area	Objective	Course Student Learning Outcome (CSLO's), Baccalaureate Essential's & QSEN
Knowledge	<p>Apply transcultural nursing concepts in the delivery of nursing care.</p> <p>Examine the influence of culture on nursing care decisions and actions for patients.</p>	<p>CSLO 1, 3 Baccalaureate Essential VIII QSEN Patient-Centered Care</p>
Skills	<p>Apply transcultural nursing principles, concepts, and Leininger's Sunrise Model theory when providing nursing care to individuals, families, groups, and communities.</p> <p>Adapt delivery of care to address patient with limited English proficiency.</p> <p>Assess patient's need for spiritual services.</p>	<p>CSLO 3, 5 Baccalaureate Essential VIII QSEN Patient-Centered Care</p>
Attitudes	Values the role of	CSLO 3, 6

	<p>transcultural nursing care decisions and actions.</p> <p>Recognize personally held attitudes about working with patients from different ethnic, cultural and social backgrounds.</p>	<p>Baccalaureate Essential VIII QSEN Patient-Centered Care</p>
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Instructions:

Before Scenario:

Read pages 95-106 of Chapter 7 “Overview of Transcultural Nursing”

Read pages 26-29 of <http://www.aacnnursing.org/Portals/42/Publications/BaccEssentials08.pdf>
Essential VIII: Professionalism and Professional Values

Read QSEN Patient-Centered Care

http://qsen.org/competencies/graduate-ksas/#patient-centered_care

Reflect on how the following concepts:

Health and Culture:

The nurse must recognize that members of various cultures define “health” differently. Individuals may define themselves or others in their group as healthy even though the nurse identifies symptoms of disease. Cultural priorities of the client may differ from that of the nurse.

Culture and Healing:

Some individuals and families in some cultural groups may also use traditional healing systems, sometimes called lay or folk-healing systems, with or without allopathic (modern) medicine. In addition to seeking help from the nurse as a health care provider, clients may also seek help from traditional or religious healers. Most nurses have experienced clients who combine medical care with prayer. Nurses need to be sensitive to, respectful of and nonjudgmental regarding patients' health beliefs and practices in order to maximize patient outcomes.

Health status of all clients is influenced by the interaction of physiological, cultural, psychological, economic and societal factors. Diversity within and among groups necessitates data collection activities and programs that are tailored to meet the unique health care needs of different subgroups.

Health beliefs are translated into health care practices, which then affect health status. What constitutes appropriate care for specific health conditions may be guided by cultural and social class expectations?

Health Information and Education:

Planning health education programs requires identifying and building on cultural strengths and ensuring sensitivity to cultural factors. Meeting the language and cultural needs of each identified minority group, using minority specific community resources to tailor educational approaches, and developing materials and methods of presentation that are at the educational level of the target population are essential considerations in the planning process. Health programs should be sustainable over a long period of time and accountable to the people they serve.

You will be given a specific scenario upon arriving to the simulation lab. You will then have to act out how you will handle the situation as a nurse. The cultural scenario will be videotaped and watched back by the student and instructor during a debriefing period. Videotaping will be used for evaluating, remediating, and debriefing the educational process. The video will be used for educational and demonstration purposes only.

Once the debriefing period is over you will then complete a reflective activity and turn in to the instructor.

Reflective Activity

What are the major take-home lessons for you today?

The biggest take-home lesson that I gained from this simulation is always asking the patients about their religious practices, what it means to them, how it would affect their care, and how we could support them. Mrs. Perez is a devoted catholic and is set for a hysterectomy on Ash Wednesday. As her nurse, I initially asked her about her spiritual practices and how they could affect her care to combat her worries. Mrs. Perez disclosed that she is experiencing anxiety. She has a personal fear of losing her sense of womanhood due to this procedure, along with religious concerns about parenteral fluids due to fasting. After asking her about this, I understood her involvement with her spiritual practices and how it could influence her care plan. With this information, I concluded that bringing in a priest to discuss her religious concerns would greatly serve her spiritual worries, along with helping the patient receive care that is appropriate for her needs.

How can I adapt my nursing practices to be more responsive to the unique needs of diverse patient populations?

I could adapt my nursing practices to be more responsive to the unique needs of a diverse patient population by educating myself on their culture/religious traditions. For example, a nurse who practices no religion may be unaware of Ash Wednesday, and its meaning to the patient. It's the nurses' responsibility to educate themselves about the patient's spiritual needs to provide truly individualized care. The nurse should also ask themselves what religious practices also mean to them. Self-reflection is essential in eliminating prejudice and bias and creates better connections.

How can I adapt my nursing practices to be more responsive to patients with limited English proficiency?

I could adapt my nursing practices to respond more to patients with limited English proficiency by providing an interpreter. A nurse should always request an interpreter if they know that the patient and their family cannot understand English. The nurse should also be patient with non-native English speakers as they try to communicate with each other. The communication barrier may be hard to overcome; however, the nurse can still communicate with the patient and their families through non-verbal strategies such as offering self and therapeutic silence/touch. Arranging an interpreter, sitting with the patient's family, and offering themselves could be very helpful during difficulties.

STUDENT NAME _____

RUBRIC FOR CULTURAL SCENARIO ASSIGNMENT

CULTURE SELECTED: _____

Objective Grade	Exemplary 2	Average 1	Unsatisfactory 0	
Understanding of culture.	Demonstrates an understanding of culture and cultural competence in practice	Demonstrates limited understanding of culture and cultural competence in practice	Lacks understanding of culture of culture and cultural competence in practice	___ Pts.
Incorporates findings from cultural assessment	Incorporates key findings from cultural assessment.	Incorporates limited key findings from cultural assessment.	Little to no incorporation of key findings from cultural assessment.	___ Pts.
Incorporates cultural health practices	Evaluates cultural health practice.	Limited incorporation of cultural practices as appropriate.	Little to no incorporation of cultural health practices.	___ Pts.
Identifies key health teaching needs of patient and appropriate delivery method	Demonstrates evidence of key health teaching needs of patient and appropriate delivery methods.	Limited evidence of key health teaching needs of patient and appropriate delivery methods.	Little to no evidence of key health teaching needs of patient and appropriate delivery methods.	___ Pts.
Reflective Activity	Reflection of experience was in depth and adequately explained.	Reflection of experience was minimal on the reflective questions.	No reflection of experience on the reflective activity.	___ Pts.

Comments:

TOTAL POINTS: _____/10

Instructor Signature: _____

Date: _____

Cultural Scenario: Post Exercise Evaluation (Likert scale 1-5, least to most)

1) Debriefing with faculty provided an opportunity to self -reflect, which improved my knowledge, skills, and attitude/confidence.

1 2 3 4 5

2) Faculty was prepared and facilitated enhanced learning during the debriefing period

1 2 3 4 5

3) I recommend the continuation of “Cultural Scenario” and feel it is a valued learning experience.

1 2 3 4 5

4) What are some things you have learned today that you will use in your practice?

I learned to always ask about the patient's religious needs and how it could affect their care to find ways I could support them. I also learned the importance of educating myself on other cultures/spiritual practices. I also learned that there are different ways to communicate and connect with patients with limited English proficiency.

Suggestions:

n/a
