

Cultural Scenario Assignment

Learning Objectives and Outcomes		
Area	Objective	Course Student Learning Outcome (CSLO's), Baccalaureate Essential's & QSEN
Knowledge	<p>Apply transcultural nursing concepts in the delivery of nursing care.</p> <p>Examine the influence of culture on nursing care decisions and actions for patients.</p>	<p>CSLO 1, 3 Baccalaureate Essential VIII QSEN Patient-Centered Care</p>
Skills	<p>Apply transcultural nursing principles, concepts, and Leininger's Sunrise Model theory when providing nursing care to individuals, families, groups, and communities.</p> <p>Adapt delivery of care to address patient with limited English proficiency.</p> <p>Assess patient's need for spiritual services.</p>	<p>CSLO 3, 5 Baccalaureate Essential VIII QSEN Patient-Centered Care</p>
Attitudes	Values the role of	CSLO 3, 6

	<p>transcultural nursing care decisions and actions.</p> <p>Recognize personally held attitudes about working with patients from different ethnic, cultural and social backgrounds.</p>	<p>Baccalaureate Essential VIII QSEN Patient-Centered Care</p>
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Instructions:

Before Scenario:

Read pages 95-106 of Chapter 7 “Overview of Transcultural Nursing”

Read pages 26-29 of <http://www.aacnnursing.org/Portals/42/Publications/BaccEssentials08.pdf>
Essential VIII: Professionalism and Professional Values

Read QSEN Patient-Centered Care

http://qsen.org/competencies/graduate-ksas/#patient-centered_care

Reflect on how the following concepts:

Health and Culture:

The nurse must recognize that members of various cultures define “health” differently. Individuals may define themselves or others in their group as healthy even though the nurse identifies symptoms of disease. Cultural priorities of the client may differ from that of the nurse.

Culture and Healing:

Some individuals and families in some cultural groups may also use traditional healing systems, sometimes called lay or folk-healing systems, with or without allopathic (modern) medicine. In addition to seeking help from the nurse as a health care provider, clients may also seek help from traditional or religious healers. Most nurses have experienced clients who combine medical care with prayer. Nurses need to be sensitive to, respectful of and nonjudgmental regarding patients' health beliefs and practices in order to maximize patient outcomes.

Health status of all clients is influenced by the interaction of physiological, cultural, psychological, economic and societal factors. Diversity within and among groups necessitates data collection activities and programs that are tailored to meet the unique health care needs of different subgroups.

Health beliefs are translated into health care practices, which then affect health status. What constitutes appropriate care for specific health conditions may be guided by cultural and social class expectations?

Health Information and Education:

Planning health education programs requires identifying and building on cultural strengths and ensuring sensitivity to cultural factors. Meeting the language and cultural needs of each identified minority group, using minority specific community resources to tailor educational approaches, and developing materials and methods of presentation that are at the educational level of the target population are essential considerations in the planning process. Health programs should be sustainable over a long period of time and accountable to the people they serve.

You will be given a specific scenario upon arriving to the simulation lab. You will then have to act out how you will handle the situation as a nurse. The cultural scenario will be videotaped and watched back by the student and instructor during a debriefing period. Videotaping will be used for evaluating, remediating, and debriefing the educational process. The video will be used for educational and demonstration purposes only.

Once the debriefing period is over you will then complete a reflective activity and turn in to the instructor.

Reflective Activity

What are the major take-home lessons for you today?

My major take-home lesson from today is that if you do not know an answer to a question, it is okay not to answer it. Being honest with the patient is the most important thing. Tell the patient that you do not know the answer to that question, but you will do everything to find out the answer. Also, a nurse should not answer a question that is a question a doctor should be explaining. Even if the nurse knows that answer, the nurse should let the doctor explain that. For example, the patient in the scenario asked if she could have kids after her hysterectomy. The nurse knows the answer to that question, but that question is for the doctor. The nurse will respond with that is a question that needs to be brought up with your provider.

How can I adapt my nursing practices to be more responsive to the unique needs of diverse patient populations?

I can adapt my nursing practices by knowing about all the resources I have to deliver care to diverse patient populations. When finding out you have a patient of a different culture or religion, the best thing to do is to educate yourself about that patient's culture or religious preference. If my patient speaks Spanish, the best resource is a translator. The hospital provides online journals or articles as resources reviewing different types of cultures and religions. A nurse can review these and learn important information before giving care to their patient. During our simulation, a patient asked us a question about Ash Wednesday. I did not know the answer, but one of my classmates did because she was Catholic. She explained to me what Ash Wednesday is. Nurses can use their coworkers as resources if coworkers can help.

How can I adapt my nursing practices to be more responsive to patients with limited English proficiency?

When a nurse has a patient with limited English proficiency, it is best to obtain a translator. A translator will help translate the patient's words into English so that the nurse can understand what the patient is saying. If one of the patient's limited English proficiency family can speak both the patient's language and English, the nurse should still obtain a translator. The family members could be saying different things than the patient wants to say, which is unreliable.

STUDENT NAME _____ Mallorie Mason _____

RUBRIC FOR CULTURAL SCENARIO ASSIGNMENT

CULTURE SELECTED: Scenario A _____

Objective Grade	Exemplary 2	Average 1	Unsatisfactory 0	
Understanding of culture.	Demonstrates an understanding of culture and cultural competence in practice	Demonstrates limited understanding of culture and cultural competence in practice	Lacks understanding of culture of culture and cultural competence in practice	____Pts.
Incorporates findings from cultural assessment	Incorporates key findings from cultural assessment.	Incorporates limited key findings from cultural assessment.	Little to no incorporation of key findings from cultural assessment.	____Pts.
Incorporates cultural health practices	Evaluates cultural health practice.	Limited incorporation of cultural practices as appropriate.	Little to no incorporation of cultural health practices.	____Pts.
Identifies key health teaching needs of patient and appropriate delivery method	Demonstrates evidence of key health teaching needs of patient and appropriate delivery methods.	Limited evidence of key health teaching needs of patient and appropriate delivery methods.	Little to no evidence of key health teaching needs of patient and appropriate delivery methods.	____Pts.
Reflective Activity	Reflection of experience was in depth and adequately explained.	Reflection of experience was minimal on the reflective questions.	No reflection of experience on the reflective activity.	____Pts.

Comments:

TOTAL POINTS: _____/10

Instructor Signature: _____

Date: _____

Cultural Scenario: Post Exercise Evaluation (Likert scale 1-5, least to most)

1) Debriefing with faculty provided an opportunity to self -reflect, which improved my knowledge, skills, and attitude/confidence.

1 2 3 4 5

2) Faculty was prepared and facilitated enhanced learning during the debriefing period

1 2 3 4 5

3) I recommend the continuation of “Cultural Scenario” and feel it is a valued learning experience.

1 2 3 4 5

4) What are some things you have learned today that you will use in your practice?

___ I will use a translator if I have a patient that speaks another language besides English. I learned about Ash Wednesday, so if I have a patient in the hospital wanting to participate in Ash Wednesday at the hospital, I will know to notify the Chaplin. Also, make sure to talk to the family in supporting the patient when they found out bad news.

Suggestions:
