

Cultural Scenario Assignment

| Learning Objectives and Outcomes | | |
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| Area | Objective | Course Student Learning Outcome (CSLO's), Baccalaureate Essential's & QSEN |
| Knowledge | <p>Apply transcultural nursing concepts in the delivery of nursing care.</p> <p>Examine the influence of culture on nursing care decisions and actions for patients.</p> | <p>CSLO 1, 3 Baccalaureate Essential VIII QSEN Patient-Centered Care</p> |
| Skills | <p>Apply transcultural nursing principles, concepts, and Leininger's Sunrise Model theory when providing nursing care to individuals, families, groups, and communities.</p> <p>Adapt delivery of care to address patient with limited English proficiency.</p> <p>Assess patient's need for spiritual services.</p> | <p>CSLO 3, 5 Baccalaureate Essential VIII QSEN Patient-Centered Care</p> |
| Attitudes | Values the role of | CSLO 3, 6 |

| | | |
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| | <p>transcultural nursing care decisions and actions.</p> <p>Recognize personally held attitudes about working with patients from different ethnic, cultural and social backgrounds.</p> | <p>Baccalaureate Essential VIII QSEN Patient-Centered Care</p> |
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Instructions:

Before Scenario:

Read pages 95-106 of Chapter 7 “Overview of Transcultural Nursing”

Read pages 26-29 of <http://www.aacnnursing.org/Portals/42/Publications/BaccEssentials08.pdf>
Essential VIII: Professionalism and Professional Values

Read QSEN Patient-Centered Care

http://qsen.org/competencies/graduate-ksas/#patient-centered_care

Reflect on how the following concepts:

Health and Culture:

The nurse must recognize that members of various cultures define “health” differently. Individuals may define themselves or others in their group as healthy even though the nurse identifies symptoms of disease. Cultural priorities of the client may differ from that of the nurse.

Culture and Healing:

Some individuals and families in some cultural groups may also use traditional healing systems, sometimes called lay or folk-healing systems, with or without allopathic (modern) medicine. In addition to seeking help from the nurse as a health care provider, clients may also seek help from traditional or religious healers. Most nurses have experienced clients who combine medical care with prayer. Nurses need to be sensitive to, respectful of and nonjudgmental regarding patients' health beliefs and practices in order to maximize patient outcomes.

Health status of all clients is influenced by the interaction of physiological, cultural, psychological, economic and societal factors. Diversity within and among groups necessitates data collection activities and programs that are tailored to meet the unique health care needs of different subgroups.

Health beliefs are translated into health care practices, which then affect health status. What constitutes appropriate care for specific health conditions may be guided by cultural and social class expectations?

Health Information and Education:

Planning health education programs requires identifying and building on cultural strengths and ensuring sensitivity to cultural factors. Meeting the language and cultural needs of each identified minority group, using minority specific community resources to tailor educational approaches, and developing materials and methods of presentation that are at the educational level of the target population are essential considerations in the planning process. Health programs should be sustainable over a long period of time and accountable to the people they serve.

You will be given a specific scenario upon arriving to the simulation lab. You will then have to act out how you will handle the situation as a nurse. The cultural scenario will be videotaped and watched back by the student and instructor during a debriefing period. Videotaping will be used for evaluating, remediating, and debriefing the educational process. The video will be used for educational and demonstration purposes only.

Once the debriefing period is over you will then complete a reflective activity and turn in to the instructor.

Reflective Activity

What are the major take-home lessons for you today?

As nurses, we need to keep in mind that patients have many different beliefs and cultural differences. We need to make sure that we know those different cultures. If we do not, we should make sure we quickly brief ourselves of those cultures to care for the patient as best as possible. For this scenario, knowing the Amish community is crucial because we live near the Amish community in our area. As her nurse, I know how the Amish insurance works and know that they want to spend as little time possible in a hospital setting as possible. Also, knowing that the woman would not typically speak directly to staff if her husband or another male subject such as her son were present. The male subject would speak on the patient's behalf. In this case, the patient, Olga, presented to the emergency alone, so therefore, she needed to advocate for herself and explain her reasons for seeking care.

How can I adapt my nursing practices to be more responsive to the unique needs of diverse patient populations?

In my nursing career, I will be taking care of many patients from different cultures. As a nurse, I need to make sure I am knowledgeable in those cultures to care for my patient correctly. To be culturally competent, I would focus on recognizing a patient's individual needs. Individual needs include language, customs, beliefs, and perspectives. Cultural sensitivity should be a foundation for all nurses. As a nurse, I should learn to practice with compassion, respect, dignity worth to every one of my patients regardless of their personal beliefs. For this particular scenario knowing the Amish culture is essential. I know in the Amish culture, they do not drive, so making sure we can provide transportation or some way for the patient to get to and from the hospital for appointments is imperative for healing.

How can I adapt my nursing practices to be more responsive to patients with limited English proficiency?

Most healthcare facilities have practices in place for patients who do not use English as their native language. These facilities typically have a system to allow healthcare staff to contact a language interpreter through telehealth on an iPad or phone. Another resource when telehealth is unavailable is if another staff member speaks the same language, perhaps having that staff member act as a liaison between the nurse and that patient.

STUDENT NAME _____

RUBRIC FOR CULTURAL SCENARIO ASSIGNMENT

CULTURE SELECTED: _____

| Objective Grade | Exemplary 2 | Average 1 | Unsatisfactory 0 | |
|---|---|--|---|----------|
| Understanding of culture. | Demonstrates an understanding of culture and cultural competence in practice | Demonstrates limited understanding of culture and cultural competence in practice | Lacks understanding of culture of culture and cultural competence in practice | ___ Pts. |
| Incorporates findings from cultural assessment | Incorporates key findings from cultural assessment. | Incorporates limited key findings from cultural assessment. | Little to no incorporation of key findings from cultural assessment. | ___ Pts. |
| Incorporates cultural health practices | Evaluates cultural health practice. | Limited incorporation of cultural practices as appropriate. | Little to no incorporation of cultural health practices. | ___ Pts. |
| Identifies key health teaching needs of patient and appropriate delivery method | Demonstrates evidence of key health teaching needs of patient and appropriate delivery methods. | Limited evidence of key health teaching needs of patient and appropriate delivery methods. | Little to no evidence of key health teaching needs of patient and appropriate delivery methods. | ___ Pts. |
| Reflective Activity | Reflection of experience was in depth and adequately explained. | Reflection of experience was minimal on the reflective questions. | No reflection of experience on the reflective activity. | ___ Pts. |

Comments:

TOTAL POINTS: _____/10

Instructor Signature: _____

Date: _____

Cultural Scenario: Post Exercise Evaluation (Likert scale 1-5, least to most)

1) Debriefing with faculty provided an opportunity to self -reflect, which improved my knowledge, skills, and attitude/confidence.

1 2 3 4 5

2) Faculty was prepared and facilitated enhanced learning during the debriefing period

1 2 3 4 5

3) I recommend the continuation of “Cultural Scenario” and feel it is a valued learning experience.

1 2 3 4 5

4) What are some things you have learned today that you will use in your practice?

I have learned that many people belong to different cultures and have different beliefs. I should treat these patients with their personal beliefs in mind. I, as a nurse need to make sure I am well versed and knowledgeable in these different cultures and beliefs so that I can care for my patients with their cultures in mind. Also, knowing that there are resources available is helpful. If I need telehealth, knowing how to use that system will be viable in my nursing career.

Suggestions:

None.
