

Unit 1 Concept Study Guide

Vocabulary

sexually transmitted infection

human chorionic gonadotropin

estrogen

relaxin

progesterone

embryo

fetus

pica

amenorrhea

contraception

intrauterine device

placenta

infertility

gravidity

parity

ultrasound

Concepts to know

Pregnancy tests & hormonal levels and effects of the use of other medications on the results.

Functions of the placenta

Fertility awareness

Probable, presumptive, positive - Sequencing of these signs.

Sexually transmitted diseases: prevention and treatment

Signs of pregnancy

Forms of contraception and client education required for them

GTPAL system

Prenatal testing (blood work) -What and when done

Nagel's rule

Prenatal nutrition- What nutrients are recommended and what foods contain those nutrients

Weight gain in Pregnancy

Non stress test-What are we looking for?

Biophysical profile - How is it done and what is examined (measured)

Amniocentesis

MSAFP

Genetic testing—What tests and who is tested

Vaccines in pregnancy

Physiologic adaptations (all organ systems)

Psychologic adaptations

Common discomforts by trimester

Warning signs to report

Prenatal visits (what assessments to expect at first and then subsequent visits)

Education for the prenatal client—What to include

Application of the use of therapeutic communication.

Medications for this unit-Uses, side effects, & education which should be included about them.

Ceftriaxone

Metronidazole

Miconazole

Fluconazole

Azithromycin

Amoxicillin

Prenatal vitamins

Iron

Folic acid

Oral combination contraceptive pill

Progestin only IUD (Mirena, Kyleena, Skyla)

Medroxyprogesterone

Progestin only contraceptive pill