

Proctored Assessment: RN Mental Health 2019

Individual Performance Profile

ADJUSTED INDIVIDUAL TOTAL SCORE: **80.0%**
 TIME SPENT: **48:11**

Individual Name: Lindsay Cox
 Student Number: 6825448
 Institution: Lakeview CON
 Program Type: BSN
 Test Completed Date: 7/15/2021
 # of Points: 60 Attempt: 1

Focused Review Progress
 View missed topics and launch study materials below.
 Last accessed: 7/20/2021 Time spent: 03:08:36

Proficiency Level	Mean		Percentile Rank	
	National	Program	National	Program
Level 2	69.8%	70.5%	84	81

Individual Performance in the Major Content Areas

Content Area	Topics to Review	Total # Points	MEAN		PERCENTILE RANK		Individual Score
			National	Program	National	Program	

Show all topics to review: OFF

FOCUSSED

1. Case Management - (1)

- a. Substance Use and Addictive Disorders: Creating a Discharge Plan for a Client Who Has Alcohol Use Disorder (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 18 Substance Use and Addictive Disorders)
 - Follow up with your primary care provider.
 - Encourage client to adhere to treatment plan.
 - Advise clients taking disulfiram to avoid all alcohol.

2. Ethical Practice - (1)

- a. Legal and Ethical Issues: Identifying Ethical Principles (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 2 Legal and Ethical Issues)
 - Veracity
 - Autonomy
 - Beneficence

3. Use of Restraints/Safety Devices - (1)

- a. Client Safety: Use of Restraints on a Child (Active Learning Template - Basic Concept, RM Fund 10.0 Chp 12 Client Safety)
 - Alternative measures
 - Least restrictive
 - Monitor client

4. Health Promotion/Disease Prevention - (1)

- a. Mental Health Issues of Children and Adolescents: Contributing Factors to Development of Conduct Disorder (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 28 Mental Health Issues of Children and Adolescents)

- Abuse
- Neglect
- Genetics

5. **Abuse/Neglect - (1)**

- a. Family and Community Violence: Priority Nursing Action for Suspected Child Abuse (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 32 Family and Community Violence)
 - Document
 - Ensure safety
 - Report to provider

6. **Behavioral Interventions - (1)**

- a. Personality Disorders: Caring for a Client Who Has Borderline Personality Disorder (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 16 Personality Disorders)
 - Safety
 - Milieu management
 - Therapeutic communication

7. **Crisis Intervention - (1)**

- a. Suicide: Priority Intervention (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 30 Suicide)
 - Screening to identify risk
 - One-on-one supervision
 - Check belongings and environment for safety hazards

8. **Mental Health Concepts - (2)**

- a. Eating Disorders: Identifying Manifestations of Anorexia Nervosa (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 19 Eating Disorders)
 - Preoccupied with food
 - Fear of gaining weight
 - Disturbance in self-image
- b. Stress and Defense Mechanisms: Identifying Rationalization (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 4 Stress and Defense Mechanisms)
 - Adaptive
 - Maladaptive
 - Acceptable explanations for unacceptable behavior

9. **Adverse Effects/Contraindications/Side Effects/Interactions - (2)**

- a. Medications for Depressive Disorders: Contraindications for Selegiline (Active Learning Template - Medication, RM MH RN 11.0 Chp 22 Medications for Depressive Disorders)
 - Carbamazepine
 - Oxcarbazepine
 - Concurrent use can increase blood levels of MAOI.
- b. Medications for Psychotic Disorders: Contraindications for Aripiprazole (Active Learning Template - Medication, RM MH RN 11.0 Chp 24 Medications for Psychotic Disorders)
 - Avoid alcohol
 - Not for clients with dementia
 - obesity

10. **Expected Actions/Outcomes - (1)**

- a. Medications for Bipolar Disorders: Evaluating Effectiveness of Mood Stabilizers (Active Learning Template - Medication, RM MH RN 11.0 Chp 23 Medications for Bipolar Disorders)
 - Ability to perform ADL
 - Relief of acute mania

- Improved eating and sleeping