

## ● Case Management - (1)

- Substance Use and Addictive Disorders: Creating a Discharge Plan for a Client Who Has Alcohol Use Disorder (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 18 Substance Use and Addictive Disorders)
  - Teaching a patient to spot near occasions of relapse is key for patient success.
  - The patient and family members may attend a 12-step program to help with recovery.
  - Patients benefit from not blaming others for their alcoholism.

## ● Establishing Priorities - (1)

- Eating Disorders: Manifestations of Anorexia Nervosa (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 19)
  - Anorexia patients will restrict intake to the point of remarkable body weight loss.
  - Anorexia patients have a fear of becoming fat.
  - Anorexia patients often think they are too fat, even if they are underweight.

## ● Ethical Practice - (1)

- Legal and Ethical Issues: Priority Action for Client Refusing Treatment (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 2 Legal and Ethical Issues)
  - Clients have the right to refuse treatment.
  - Even if admitted against their will, patients still retain a right to refusal.
  - A client that is about to be discharged can be admitted against their will if a provider deems it necessary.

## ● Use of Restraints/Safety Devices - (1)

- Client Safety: Use of Restraints on a Child (Active Learning Template - Basic Concept, RM Fund 10.0 Chp 12 Client Safety)
  - Restraints should not be used on a patient for the convenience of the staff.
  - A Legal guardian should be asked to sign a consent form for a child in restraints.
  - A nurse needs to explain to the patient and family that the restraints ensure the patient's safety and are temporary.

## ● Health Promotion/Disease Prevention - (2)

- Mental Health Issues of Children and Adolescents: Contributing Factors to Development of Conduct Disorder (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 28 Mental Health Issues of Children and Adolescents)
  - Physical or sexual abuse can contribute to conduct disorder.
  - Absence of a male role model is a contributing factor to conduct disorder.
  - Large family size can contribute to conduct disorder.
- Neurocognitive Disorders: Risk Factors for Delirium (Active Learning Template - System Disorder, RM MH RN 11.0 Chp 17 Neurocognitive Disorders)
  - Older adult clients can be at risk for delirium from hospitalization.
  - Electrolyte imbalances can cause delirium in patients.
  - Surgery can put a client at risk for delirium.

## ● Abuse/Neglect - (1)

- Sexual Assault: Priority Interventions (Active Learning Template - Basic Concept, RM MH RN 11.0 Chp 33 Sexual Assault)
  - Nurses should perform a self-assessment and show empathy to a victim of sexual assault.
  - Provide a private space with a specially trained nurse to collect evidence.
  - Surround the client with a safe environment.

### ● Adverse Effects/Contraindications/Side Effects/Interactions - (3)

- Medications for Bipolar Disorders: Adverse Effects of Lamotrigine (Active Learning Template - Medication, RM MH RN 11.0 Chp 23 Medications for Bipolar Disorders)
  - Lamotrigine can cause nausea and vomiting
  - Lamotrigine can cause blurred vision and dizziness
  - Lamotrigine can cause headaches
- Medications for Depressive Disorders: Contraindications for Selegiline (Active Learning Template - Medication, RM MH RN 11.0 Chp 22 Medications for Depressive Disorders)
  - Clients cannot take MAOIs with SSRIs.
  - Transdermal selegiline cannot be used in clients taking carbamazepine
  - This medication is contraindicated in heart failure patients.
- Medications for Psychotic Disorders: Contraindications for Aripiprazole (Active Learning Template - Medication, RM MH RN 11.0 Chp 24 Medications for Psychotic Disorders)
  - Aripiprazole should be held if it exacerbates low blood pressure.
  - Aripiprazole should be held if it causes a low heart rate.
  - Aripiprazole should be replaced with an alternative medication if it causes dizziness or sedation.

### ● Expected Actions/Outcomes - (2)

- Medications for Bipolar Disorders: Evaluating Effectiveness of Mood Stabilizers (Active Learning Template - Medication, RM MH RN 11.0 Chp 23 Medications for Bipolar Disorders)
  - Effectiveness of mood stabilizers can be checked by the manifestations of mania stopping.
  - Upon assessment after giving a mood stabilizer, the patient may report a better mood.
  - Mood stabilizer effectiveness can be assessed by watching the patient have better social interactions.
- Medications for Children and Adolescents Who Have Mental Health Issues: Evaluating Client Understanding of Methylphenidate (Active Learning Template - Medication, RM MH RN 11.0 Chp 25 Medications for Children and Adolescents Who Have Mental Health Issues)
  - Clients/parents should look for insomnia or restlessness and communicate it to their provider.
  - Caffeinated food/beverages should be used minimally.
  - A client can take breaks from the medication depending upon life circumstances or adverse effects; clients/parents may request this from the provider.



### Individual Performance Profile

DOWNLOAD REPORT

Score Explanation

ADJUSTED INDIVIDUAL TOTAL SCORE

80.0%

TIME SPENT

54:18

Individual Name: conor deering

Student Number: cdeering

Institution: Lakeview CON

Program Type: BSN

Test Completed Date: 7/15/2021

# of Points: 60 Attempt: 1

**Focused Review Progress**

View missed topics and launch study materials below.

Last accessed: 7/15/2021      Time spent: 03:16:02

Proficiency Level	Mean	Percentile Rank								
Level 2	<table style="width: 100%; text-align: center;"> <tr> <td style="width: 50%; font-weight: bold;">National</td> <td style="width: 50%; font-weight: bold;">Program</td> </tr> <tr> <td>69.8%</td> <td>70.5%</td> </tr> </table>	National	Program	69.8%	70.5%	<table style="width: 100%; text-align: center;"> <tr> <td style="width: 50%; font-weight: bold;">National</td> <td style="width: 50%; font-weight: bold;">Program</td> </tr> <tr> <td>84</td> <td>81</td> </tr> </table>	National	Program	84	81
National	Program									
69.8%	70.5%									
National	Program									
84	81									

**Individual Performance in the Major Content Areas** Show all topics to review  OFF

Content Area	Topics to Review	Total # Points	MEAN		PERCENTILE RANK		Individual Score	
			National	Program	National	Program		
+ <u>Management of Care</u>	3	13	78.0%	78.4%	54	52	<div style="width: 76.9%; height: 15px; background-color: #00a0c0; border: 1px solid #ccc; margin-bottom: 5px;"></div> <span style="border: 1px solid orange; border-radius: 50%; padding: 2px;">76.9%</span>	<div style="background-color: #c8e6c9; padding: 5px; display: inline-block; font-weight: bold;">FOCUSED REVIEW &gt;</div> <small>Last Accessed: 7/15/2021</small>
+ <u>Safety and Infection Control</u>	1	4	n/a	n/a	n/a	n/a	<div style="width: 75.0%; height: 15px; background-color: #00a0c0; border: 1px solid #ccc; margin-bottom: 5px;"></div> <span style="border: 1px solid orange; border-radius: 50%; padding: 2px;">75.0%</span>	<div style="background-color: #c8e6c9; padding: 5px; display: inline-block; font-weight: bold;">FOCUSED REVIEW &gt;</div> <small>Last Accessed: 7/15/2021</small>
+ <u>Health Promotion and Maintenance</u>	2	3	n/a	n/a	n/a	n/a	<div style="width: 33.3%; height: 15px; background-color: #00a0c0; border: 1px solid #ccc; margin-bottom: 5px;"></div> <span style="border: 1px solid orange; border-radius: 50%; padding: 2px;">33.3%</span>	<div style="background-color: #c8e6c9; padding: 5px; display: inline-block; font-weight: bold;">FOCUSED REVIEW &gt;</div>