

**1. What did you learn from this scenario? Identify your most significant takeaways. Explain the factors that influenced this decision.**

I learned that even though a patient is ready to end their life, it is essential to focus on them regardless the chaos that is going on around them. One of the best options to communicate as a nurse is therapeutic communication. Nurses should also be confident about their responses in different scenarios. A takeaway I noticed is how the nurse handles the situation between the two sisters and their opinions—also, how the nurse talked to the doctor and the chaplain for further advice.

**2. What are some of the main problems or critical issues expressed in the scenario?**

The two sisters had their differences, are adding more stress to their mother rather than helping. Even though the mother is alert and oriented, the two sisters disagree and do not consider what their mother says. Instead of thinking of their mom and how tired she explains she is, the two sisters continue their argument in disagreement.

**3. What were some of the challenging decisions the nurse needed to make? Describe the rationale behind these decisions.**

The nurse needs to know therapeutic communication and apply it to the disagreement the two sisters are having in front of their mother. Another challenge I noticed in the scenario is as a nurse, should you describe the patient pain medication for relief when there is conflict about pain medication overseen by the patient's loved ones. Not only does the nurse need to care about the patient and their feelings, but they should also care about the patient's family and involve them as well. The nurse needs to educate the patient and the patient's family on learning how to cope with specific situations.

**4. What factors influenced your decisions and responses during the scenario? Explain your response.**

Allowing the patient and the patient's family to look at the entire picture gives the patient, and their family members support and holistic care to communicate correctly.

**5. How will you respond if this scenario presents again in the future?**

I will respond the best way through the therapeutic communication that I have learned and how the answers list in the case study.

**6. Have you experienced similar situations in your clinical rotations? How did you or others respond to the problem? Please explain.**

I had experienced a disagreement with a patient and his son. His son was asking him to get up and move. In the son's eyes, if he doesn't, his father will be in a bed for the rest of his life. He thought if his father were to jump out of bed and push himself, he would be better. However, his father was frustrated because he could not get up and moved as his son wanted him. I used therapeutic communication to calm them down. I stated to the son that we have to go at his father's pace, and pushing his father to do more than he is capable of can do more harm than it could do good,

**7. Describe successful communication strategies you have used or experienced in the clinical setting.**

A method I use in the clinical setting is to create a positive environment for the patients. I do this by being positive, warm, genuine, and compassionate. Being positive and compassionate allows the patient to feel comfortable and reassurance to trust you and open up.

**8. Discuss the advantages and disadvantages of having families discuss treatment options, including end-of-life decisions before a loved one becomes ill or early in a terminal illness.**

One of the advantages of having family discuss treatment options would be to take the stress off of the patient and give the family time to discuss their differences before going in front of their family member. One of the disadvantages is that a wrong decision could end up made amongst the family members. The patients could be left feeling disrespected and overwhelmed by not being involved in the findings.