



Subjective Data
Nursing Diagnosis and Outcomes

- "I didn't have the money to fill my prescriptions. I've been out of a job for 3 weeks, and have been living in a hotel. You know that's expensive."
"I was at a cookout and I got all hot and dizzy and passed out."
"My feet have never swelled like this. I could barely walk. They said it could be from my heart."
"I didn't have the money to fill my prescriptions. I've been out of a job for 3 weeks, and have been living in a hotel. You know that's expensive."
"You'll have a family full of these problems."
"I don't really have to do drugs. I just do them to have fun. I'm a roofer. That's just what we do. Last time I smoked marijuana was 3 days ago (07/08), but that's not really a drug because you can't get high from it."
"My feet have never swelled like this. They said it could be from my heart stuff."
- Decreased cardiac output related to acute congestive heart failure induced by substance abuse as evidenced by 10-15% ejection fraction.
 - Goal: Pt will take all medications as prescribed.
 - Noncompliance related to insufficient funding as evidenced by patient stating "I didn't have the money to fill my prescriptions. I've been out of a job for 3 weeks, and have been living in a hotel. You know that's expensive."
 - Goal: Pt will speak with case management to discuss resources to assist in funding for medications.
 - Deficient knowledge related to acute congestive heart failure as evidenced by patient stating "I don't really have to do drugs. I just do them to have fun. I'm a roofer. That's just what we do. Last time I smoked marijuana was 3 days ago (07/08), but that's not really a drug because you can't get high from it."
 - Goal: Pt will verbalize and understand the importance of daily weights and identify when to call a physician.

Medical Interventions and Nursing Interventions
Patient Information

- 69-year-old Male presented to the emergency department (E.D) 07/04 with syncope and chest pain. Patient was diagnosed with atrial fibrillation and acute congestive heart failure related to substance abuse.
- M: Ordered Troponin, BNP, chest X-ray, EKG, w/ Ca, CBC, CMP

M: Prescribed medications of aspirin, Lisinopril, metoprolol

N: Elevate head of bed

N: Encourage patient to use incentive spirometer.
 - M: Order Lab Diagnostics: EKG, BNP, CK, and troponin, BMP w/ Ca

M: Prescribed medications (disorder), Eliquis, apixaban, amiodarone

N: Contact case management about financial assistance programs

N: Educate patient about smoking cessation to increase funds available for medications.
 - M: Dr. discussed cause and signs/symptoms of CHF.

M: Prescribe Lasix (remove fluid)

N: Monitor I/O, take daily weight

N: Educate patient on how to perform daily weights.

Labs:
Troponin: 0.430 ng/mL (0-0.040 ng/mL)
BNP: 3,878 pg/mL (1-100 pg/mL)
BUN: 31
Creatinine: 5.54 (0.6-1.2)
creatinine kinase: 257 (30-223)
D-dimer: 1,722 (0-622)
Calcium: 7.8 (8.6-10.3)

Medications:
amiodarone
apixaban
aspirin
Eliquis
metoprolol
ondansetron
Lasix

Procedures:
Chest X-ray: Enlarged cardiac silhouette w/ mild pulmonary venous congestion

EKG: A-fib w/ rapid ventricular response and left axis deviation.
No acute ischemia.

Coarse crackles throughout the RML, RLL, and LLL

Peripheral Edema
Shortness of breath with exertion.

Weight Change from 07/04-07/11: 197lbs - 204lbs