Exam 4 Practice Problems Answer Key

1) Answer: C. Electrical appliance on the countertop near the kitchen sink

   Water conducts electricity, so electrical appliances should not be used near sinks, bathtubs, showers, or other wet areas.

2) Answer: A. Assist the client and family in finding community resources.

   It is the responsibility of the nurse navigator to assist the client and family to find community resources. Often, the nurse navigator will work with a social worker who has expertise in this area. The nurse navigator serves as a clinician, care coordinator, educator, and counselor to assist the client and family during the course of an illness.

3) Answer: B. Creating a support group for friends of students who completed suicide; E. Providing a support group for student returning to school after the suicide of a peer

   Creating a support group for friends of clients who completed suicide is an example of tertiary prevention. The purpose of tertiary prevention is to reduce the severity of the impact of the action or illness. Providing support group for bereaved students is an example of tertiary prevention. Conducting a suicide risk screening on all students is an example of secondary prevention. Educating students about suicide prevention is an example of primary prevention. Initiating one-on-one observation for a student who has suicidal ideation is an example of secondary prevention and would occur in an inpatient setting.

4) Answer: B. A client who has terminal cancer and requires assistance with pain management

   Hospice care provides clients with physical and psychological support, which includes management of symptoms, such as pain and dyspnea. Hospice provides a team of health care providers who work together to assist the client and family make decisions about physical, emotional, spiritual, and comfort needs. A client who has a terminal disease and is deemed to have less than 6 months to live is eligible for hospice services.

5) Answer: B. Secondary prevention

   Prevention activities reduce health risks in a population. Secondary prevention focuses on early detection of a disease or condition, which provides an opportunity to intervene before a condition is advanced and to halt or slow progression and return individuals to health.

6) Answer: C. Accidents

   Accidents, including motor vehicle accidents as well as accidents that occur as a result of poor decision-making, are the leading cause of death among teens ages 12-19. While suicide may be a more common cause of death among adolescents than other age groups, accidents are the leading cause of death. While some adolescents do develop cancer that leads to death,

accidents are the leading cause of death in adolescents. Some adolescents do develop eating disorders, but the leading cause of death in this age group is accidents.

7) Answer: B Encourage proper diet, rest, exercise, and regular prenatal care

Answers A and C are secondary prevention, and answer choice D is an example of tertiary prevention.

8) Answer: A. Monitoring and evaluating the responses of older adults to provided services.

Answer choice B is an example of the advocate role; C is an example of the clinician role; and D is an example of the collaborator role.

9) Answer: D. Take broad concerns to the appropriate person to solve problems.

Answers A, B, and C are examples of case manager, educator, and counselor roles, respectively.

10) Answer: C. A disease or high-risk behavior may affect a family member's health.

Answers A and B – home visits are not determined by office schedules or workload. Answer D – this describes Home Health Nursing Practice.

11) Answer: B. Clinician

The educator role focuses on health teaching. The leader role focuses on directing, influencing or persuading others. The collaborator role has the community health nurse working together with others as partners.

12) Answer: C. Giving the ownership and leadership to the community

The CHN should encourage the community members to become involved, and most of the needed activities are carried out by them. Stepping back prematurely may not achieve the goals of an empowered community. Stepping back comes later in the process. The community defines its own needs.