

### Exam 3 Practice Questions

1. The nurse has been asked to join the team which will be conducting a community assessment. How will becoming involved with this group potentially affect the future of the community?
  - a. Identify the need for a community commission
  - b. Identify a method to improve the health of at-risk clients
  - c. Provide a means of grant funding for clinics
  - d. Provide a client base for at-risk neighborhoods
  
2. At an international nurses' conference, nurses from all around the world make contact. Which components of the various communities will **most** likely be represented at this conference? (Select all that apply.)
  - a. Vary significantly in composition
  - b. Have no shared interests and goals related to health and safety
  - c. Are challenged in their attempts to identify its members
  - d. Thought of as members of a global community
  - e. Do not need to assess their communities' needs because they are obvious
  
3. The community health nurse assesses the neighborhood in which the clients live. When observing the physical environment, the nurse notes that most of the homes in the neighborhood are well kept and the children playing in the yards are wearing clean clothing. The children appear well nourished. The nurse determines that the neighborhood has little need for a well-child clinic. Which assessment is the nurse basing this decision on?
  - a. Subjective data
  - b. Objective data
  - c. Cognitive analysis
  - d. Valid data
  
4. A nursing supervisor is concerned about the lack of healthcare for some community members. Which aspects of Lewin's change theory should the supervisor implement to encourage the healthcare team to make the desired changes to improve the availability of healthcare? (Select all that apply.)
  - a. Unfreezing the status quo
  - b. Changing or moving to a new state
  - c. Enforcing the status quo
  - d. Refreezing to sustain the change or changes made
  - e. Increasing restraining forces

5. A team of nursing students are preparing for a class project which will focus on social marketing. Which activities could the nursing students include in their project? (Select all that apply.)
  - a. Ad campaign for a new brand of toothpaste
  - b. Brochure placed in obstetricians' offices promoting the benefits of breastfeeding
  - c. Infomercial on television presenting the advantages of a piece of exercise equipment
  - d. Billboard illustrating the dangers of texting while driving
  - e. Posters placed in college dormitories encouraging condom use
  
6. The nurse is conducting a 15-minute interview with a family. Which actions should the nurse prioritize during this interview? (Select all that apply.)
  - a. Have family members share their family history going back several generations
  - b. Listen actively as the family members speak
  - c. Construct an ecomap of the family
  - d. Ask family members to prioritize their needs and to express their expectations regarding nursing care
  - e. Point out the strong relationships they enjoy in their family and explaining how they will help them cope with the health issue of concern
  
7. In a 15-minute family interview, after asking a question, the nurse pauses and remains silent while the grandmother, whose English is limited, replies to the question. The nurse makes eye contact with her and nods while she talks. When she is finished, the nurse asks a few follow-up questions. Which principle is the nurse utilizing in this session?
  - a. Appropriate manners
  - b. Therapeutic conversation
  - c. Therapeutic questions
  - d. Acknowledgment of family strengths
  
8. The community health nurse is using a genogram to aid in the family assessment. What aspect of family connections and relationships should the nurse include in the genogram?
  - a. Influence of other systems on families
  - b. Influence of groups on families
  - c. Family relationships and their vital connections
  - d. Relationships across two or more generations
  
9. A physically focused definition of a community suggests that it is composed of which of the following?
  - a. Interdependent societal institutions, informal groups and aggregates

- b. A collection of people who interact with each other
  - c. People working together on the required actions to reach goals and priorities
  - d. Interests and characteristics that give it a sense of unity and belonging
10. Which of the following is the purpose of conducting a community assessment?
- a. Satisfying one's curiosity about a particular place
  - b. Looking for one particular client family you will be visiting
  - c. Making travel in the community easier in the future
  - d. Determining strengths, weaknesses, needs, and resources
11. A community assessment where the nurse drives around the community, explores resources, and introduces themselves to key community leaders is which of the following?
- a. Familiarization, orientation, or "windshield survey" assessment
  - b. Comprehensive assessment
  - c. Problem-oriented assessment
  - d. Subsystem assessment
12. A method of gathering data for a community assessment that includes a written questionnaire given to clients attending the well child clinic at the health departments is an example of which of the following?
- a. Survey
  - b. Interview
  - c. Community forum
  - d. Focus group
13. A nurse secures the auditorium of the local high school and invites the elders to attend a meeting in the early evening. The topic to be discussed is the health care needs of older adults as perceived by those in attendance and whether they are being met or not in the services provided by the community. Which of the following is this an example of?
- a. Survey
  - b. Interview
  - c. Community forum
  - d. Focus group
14. The community health nurse (CHN) asks for the elders to meet with them in smaller meetings of 7 to 10 members. At these smaller meetings, the nurse selects some of the key issues discussed in the larger group and asks for their thoughts on the subject. The nurse holds several of these meetings with different elders. From this information, the nurse gets the perceptions of a cross section of elders. Which of the following is this an example of?

- a. Survey
  - b. Interview
  - c. Community forum
  - d. Focus group
15. Which of the following is a descriptor of a healthy community?
- a. A community where the members are disease free
  - b. Seeking to make its resources available to all members
  - c. The leaders making the decisions for community members
  - d. Keeping subgroups informed of community changes when necessary