

N431 Adult Health II

Clinical Reflection Form

Name: Joshua Carlton

Date: 6-15-2021

Clinical Rotation Site: OSF ER

1. Briefly write about today's experience(s)

Today I had the opportunity to shadow an ER nurse. I was very excited about this opportunity. I got to practice some of the skills learned in the skills lab. In addition, I was able to see how the nurses in this department function and got to see how triaging works. Overall, this was a great experience, and the staff was all accommodating and explained everything, so I learned and saw a ton.

2. What is one thing you learned?

During this clinical, I got to see a patient come in with an upper GI bleed. The nurse I was assigned to was great at explaining everything and telling me what the nurses would do. The patient went on to need blood products, and I was able to assist. We are covering blood transfusions in class, so this was a great learning opportunity. I was able to learn more about giving blood while following the proper procedures.

3. What is one thing you would do differently?

Overall, I am happy with how my clinical went in that department. One thing I might change is how I was a tad shy in the beginning. As some time went by, I was able to ask if it would be possible to perform skills, and I was then able to do so. If I had a redo, I would be more open about asking to do skills or assist with other patients not assigned to my nurse.

4. What is your major "take home" from today's clinical experience(s)?

The one significant take-home point I learned was about how many roles an ER nurse can function in. They have nurses who cover triage, trauma, and psych to name a few. This was a great learning experience to see how as a nurse in this department, you can have contact with patients of any age and any condition. Overall, I liked how my day went, and I am glad for the opportunity to have a clinical here.

5. Is there anything else you would like to mention?  
Nope.