

Palliative Care Assignment

**With ATI: Apply: Video Case Studies RN: Palliative and Hospice Care
Instructions & Rubric**

Key Concepts

Definition of palliative care

Definition of hospice care

Purpose of palliative/hospice care

The nurse's role in palliative/hospice care

The role of the interprofessional healthcare team in palliative/hospice care

Step 1: Access and Complete the Video Case Study and Post-Test

ATI: Apply: Video Case Studies RN: Palliative and Hospice Care

This assignment requires that the student complete a video case study within ATI. The case study is titled “Palliative and Hospice Care”. This case study can be found under the “Apply” tab, nested within the “Video Case Studies RN” module. Students should complete the case in its entirety. While completing the case students should reflect on the key concepts of the assignment (see above). After completing the case, students should complete the post-test to assess their understanding of the case. The student should take a screen shot of their test results and insert the screen directly below this paragraph. The screen shot should include the students name and test score.

Module Report
 Tutorial: Video Case Studies RN 2.0
 Module: Palliative and Hospice Care

Individual Name: **Kimberly Sanchez**
 Institution: **Lakeview CON**
 Program Type: **BSN**

Overview Of Most Recent Use

	Date	Time Use	Score
Case	6/10/2021	31 min 2 sec	N/A
Palliative and Hospice Care	6/10/2021	1 min	100.0%

Case Information:

Case - History:

		Total Time Use: 31 min
	Date/Time	Time Use
Case	6/10/2021 4:08:54 PM	31 min 2 sec

RN Palliative and Hospice Care Test Information:

RN Palliative and Hospice Care Test - Score Details of Most Recent Use

	Individual Score	Individual Score
COMPOSITE SCORES	100.0%	
RN Palliative and Hospice Care Test	100.0%	

RN Palliative and Hospice Care Test - History

		Total Time Use: 1 min	
	Date/Time	Score	Time Use
RN Palliative and Hospice Care Test	6/10/2021 4:11:00 PM	100.0%	1 min

Additional interface elements include a sidebar with document thumbnails, a 'DOWNLOAD REPORT' button, and a table with columns 'Individual Score' and 'Time Spent'.

Step 2: Further Assessment & Reflection

Students should answer each of the following questions. Students should provide their answers within this document directly after each question.

1. What are some ways that the nurse can ensure that a client receiving palliative/hospice care is kept physically comfortable? What are some ways that the nurse could provide for the psychosocial and spiritual comfort of the client?

The nurse assists the client in providing comfort through pharmacological and nonpharmacological means. Pharmacological interventions include providing pain relief through medicines such as morphine. Alternatively, nonpharmacological interventions include oxygen therapy, repositioning, massage for relaxation, and music therapy. The nurse is in the unique position of client and family advocate. The closer the client gets to the end of their life, the more the family will need from the nurse. The nurse can engage in therapeutic techniques such as offering self and listen to the patient. Spiritual needs can be met by working with a religious leader, volunteer clergy, or hospice chaplain congruent with the client's spiritual preferences.

2. How can the nurse provide support for the family/loved ones of the dying client?

Again, the nurse can offer self by being there for the family. The nurse can also remind the family of their resources and acquire more information based on their needs. The interprofessional team includes the nurse, the provider, a social service specialist, and spiritual personnel. The nurse can also tend to the family by providing information on grief counseling resources.

3. Individually reflect on a time you were involved with a person who had a life-limiting illness to answer the following questions. This involvement could be as a professional caregiver or as a family member.

- a. How did your interactions with the person who had a life-limiting illness make you feel?

My grandmother was admitted to a hospital and died in an ICU. Her death was the first passing I had ever encountered, and I felt utterly devastated. She held on for two weeks before it happened, and the entire time I felt anxious and depressed. I was a very young adult and had never encountered a situation like this. I was very unsure about my role and how to provide comfort to my dying grandmother.

- b. Did you feel equipped to adequately handle the feelings and emotions that were present?

I did not feel equipped to handle my feelings toward the situation. I felt alone and scared. Usually, I would seek comfort from my mother, but her mother was dying, so I felt like I had to stay strong for her. I didn't know who to turn to or how upset I actually felt. Nothing ever prepares you for that moment of powerlessness and intense vulnerability.

c. Did you feel equipped to adequately communicate with the person who had a life-limiting illness?

When my grandmother was still conscious, I did not know how to communicate with her and offer therapeutic responses. I refused to give her false reassurances, but I also did not know how to say goodbye without scaring her.

d. How do you think the person with a life-limiting illness felt during their interactions?

She was scared. I never saw her without the intubation, but my mother says that she asked to go home and did not want to spend a night in the hospital again. This is what limited my communication with her. I knew it was the end but did not want to scare her even more than she was.

e. Could the interactions have been improved in any way? How?

Palliative care is holistic end-of-life care for people that are awaiting death. The goal is to produce a peaceful environment and to respect the client's wishes. Reflecting back, I know now that my grandmother knew it was the end. I should have told her exactly how I felt. In doing so, it would have provided psychological comfort and eased her stress.

Step 3: Rubric Review and Submission

Students should review their assignment utilizing the provided rubric to ensure they have successfully met the assignment requirements. Students should then submit this document to the Edvance 360 dropbox prior to the due date listed in the course syllabus.

Palliative Care Assignment
With ATI: Apply: Video Case Studies RN: Palliative and Hospice Care
Grading Rubric

What are some ways that the nurse can ensure that a client receiving palliative/hospice care is kept comfortable? What are some ways that the nurse could provide for the psychosocial and spiritual comfort of the client?

Criteria	0 Points	1.5 Point	2 Points	2.5 Points	Points
Response	No response completed	The student's submission demonstrates superficial thought and minimal preparation. The assignment does not address all aspects of the task.	The student's response lacks full development of the concepts. The assignment fully addresses all aspects of the task.	The student's response is fully developed. The assignment fully addresses all aspects of the task.	
Clarity & Mechanics	The student's response is unclear and unorganized. The student's response contains 5 or more errors in grammar, mechanics, or spelling.	The student's response is unclear or unorganized. The student's response contains 3-4 errors in grammar, mechanics, or spelling.	The student's response is clear and concise. The student's response contains 1-2 errors in grammar, mechanics, or spelling.	The student's response is clear and concise. The student's response is free of errors in grammar, mechanics, and spelling.	

How can the nurse provide support for the family/loved ones of the dying client?

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How did your interactions with the person who had a life-limiting illness make you feel?

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Did you feel equipped to adequately handle the feelings and emotions that were present?

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Did you feel equipped to adequately communicate with the person who had a life-limiting illness?

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How do you think the person with a life-limiting illness felt during their interactions?

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Could the interactions have been improved in any way? How?

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Did the student complete the ATI test, submit a screenshot with their name? ___ Yes (5 points) ___ No (zero points)

___/40 points