Cultural Scenario Assignment

Learning Objectives and Outcomes		
Area	Objective	Course Student Learning Outcome (CSLO's), Baccalaureate Essential's & QSEN
Knowledge	Apply transcultural nursing concepts in the delivery of nursing care. Examine the influence of culture on nursing care decisions and actions for patients.	CSLO 1, 3 Baccalaureate Essential VIII QSEN Patient-Centered Care
Skills	Apply transcultural nursing principles, concepts, and Leininger's Sunrise Model theory when providing nursing care to individuals, families, groups, and communities. Adapt delivery of care to address patient with limited English proficiency. Assess patient's need for spiritual services.	CSLO 3, 5 Baccalaureate Essential VIII QSEN Patient-Centered Care
Attitudes	Values the role of	CSLO 3, 6

| | transcultural nursing care decisions and actions.

Recognize personally held attitudes about working with patients from different ethnic, cultural and social backgrounds. | Baccalaureate Essential VIII QSEN Patient-Centered Care |
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Instructions:

Before Scenario:

Read pages 95-106 of Chapter 7 "Overview of Transcultural Nursing"

Read pages 26-29 of   http://www.aacnnursing.org/Portals/42/Publications/BaccEssentials08.pdf
Essential VIII: Professionalism and Professional Values

Read QSEN Patient-Centered Care

http://qsen.org/competencies/graduate-ksas/#patient-centered_care

Reflect on how the following concepts:

Health and Culture:
The nurse must recognize that members of various cultures define "health" differently. Individuals may define themselves or others in their group as healthy even though the nurse identifies symptoms of disease. Cultural priorities of the client may differ from that of the nurse.

Culture and Healing:

Some individuals and families in some cultural groups may also use traditional healing systems, sometimes called lay or folk-healing systems, with or without allopathic (modern) medicine. In addition to seeking help from the nurse as a health care provider, clients may also seek help from traditional or religious healers. Most nurses have experienced clients who combine medical care with prayer. Nurses need to be sensitive to, respectful of and nonjudgmental regarding patients' health beliefs and practices in order to maximize patient outcomes.

Health status of all clients is influenced by the interaction of physiological, cultural, psychological, economic and societal factors. Diversity within and among groups necessitates data collection activities and programs that are tailored to meet the unique health care needs of different subgroups.

Health beliefs are translated into health care practices, which then affect health status. What constitutes appropriate care for specific health conditions may be guided by cultural and social class expectations?

Health Information and Education:
Planning health education programs requires identifying and building on cultural strengths and ensuring sensitivity to cultural factors. Meeting the language and cultural needs of each identified minority group, using minority specific community resources to tailor educational approaches, and developing materials and methods of presentation that are at the educational level of the target population are essential considerations in the planning process. Health programs should be sustainable over a long period of time and accountable to the people they serve.

You will be given a specific scenario upon arriving to the simulation lab. You will then have to act out how you will handle the situation as a nurse. The cultural scenario will be videotaped and watched back by the student and instructor during a debriefing period. Videotaping will be used for evaluating, remediating, and debriefing the educational process. The video will be used for educational and demonstration purposes only.

Once the debriefing period is over you will then complete a reflective activity and turn in to the instructor.

Reflective Activity

What are the major take-home lessons for you today?
Communication and being culturally competent are essential in taking care of the diverse population. The patient does not speak English in the simulation, so we provided a medical translator for her. The language barrier is not a hindrance to give the patient quality care. Providing a medical translator helps rely on the information that the patient needs to know and make sure they understand the care they provided. It is important to speak directly to the patient and not with the translator. The patient was catholic and asked if she can see a priest since it was Ash Wednesday. It is important to provide and offer pastoral service to the patient. Pastoral service can help us understand and learn the patient's beliefs and culture if we are unfamiliar with it. We need to be responsive to these unique needs to give the patient quality care staying in the hospital. We should also be aware of how their culture can affect the care we are providing. Since the patient will have surgery, it is best to ask questions regarding what she wants for her care and if there are any problems and concerns with the procedure that needed to be addressed.

How can I adapt my nursing practices to be more responsive to the unique needs of diverse patient populations?
There is a diverse patient population that we would serve with different cultures and needs working in the healthcare setting. I can adapt my nursing practice to be more responsive to the unique needs of the diverse patient population by being aware of their beliefs and culture. As nurses, we should know and understand cultural practices to support patient-centered, quality care and safe outcomes for all patients. One example of this in the scenario was the patient is a catholic and wants pastoral service that day since it was Ash Wednesday. We should provide and accommodate this need. We should offer pastoral service to every patient because sometimes this would also help us learn more about the patient culture and practice.

How can I adapt my nursing practices to be more responsive to patients with limited English proficiency?
I can adapt my nursing practice to be more responsive to patients with limited English proficiency by organizing and getting a medical translator for them, giving written information or resource in their language, and using a picture to aid in communication. Getting a medical translator for them would help reduce the language barrier. They can better understand what you want to rely on them. The patient would not be afraid to ask a question since someone can translate for them. Giving written information or resources in their language would help them know more about their care. It also adds to the information given to them verbally. They could look back if they forgot the information, you told them verbally. Using pictures can also aid in communication since it would help patients visually see and interpret what you want to rely on them. Another important thing to do when explaining care or treatment with the patient is keeping it simple and avoiding slang even if they have an interpreter. Keeping it simple would help them understand better, and it avoids the interpreter summarizing the words we explain.

STUDENT NAME: <u>Princess Hernandez</u>

RUBRIC FOR CULTURAL SCENARIO ASSIGNMENT

CULTURE SELECTED: _____

Objective 0	Exemplary 2 Grade		Average 1	Unsatisfactory
Understanding of culture.	Demonstrates an understanding of culture and cultural competence in practice	Demonstrates limited understanding of culture and cultural competence in practice	Lacks understanding of culture of culture and cultural competence in practice	____Pts.
Incorporates findings from cultural assessment	Incorporates key findings from cultural assessment.	Incorporates limited key findings from cultural assessment.	Little to no incorporation of key findings from cultural assessment.	____Pts.
Incorporates cultural health practices	Evaluates cultural health practice.	Limited incorporation of cultural practices as appropriate.	Little to no incorporation of cultural health practices.	____Pts.
Identifies key health teaching needs of patient and appropriate delivery method	Demonstrates evidence of key health teaching needs of patient and appropriate delivery methods.	Limited evidence of key health teaching needs of patient and appropriate delivery methods.	Little to no evidence of key health teaching needs of patient and appropriate delivery methods.	____Pts.
Reflective Activity	Reflection of experience was in depth and adequately explained.	Reflection of experience was minimal on the reflective questions.	No reflection of experience on the reflective activity.	____Pts.

Comments:

TOTAL POINTS:_____/10

Instructor Signature:_____   Date:_____

Cultural Scenario: Post Exercise Evaluation (Likert scale 1-5, least to most)

1) Debriefing with faculty provided an opportunity to self -reflect, which improved my knowledge, skills, and attitude/confidence.
   1   2   3   4   <mark>5</mark>

2) Faculty was prepared and facilitated enhanced learning during the debriefing period
   1   2   3   4   <mark>5</mark>

3) I recommend the continuation of "Cultural Scenario" and feel it is a valued learning experience.
   1   2   3   4   <mark>5</mark>

4) What are some things you have learned today that you will use in your practice?

The things I learned in the simulation that I will use in my practice are asking every patient if they need pastoral service and facing the patient when talking even if there is a translator. When there are things that we are not sure about the person particular culture and religion it is best to seek assistance with people who are familiar with the culture or get pastoral service for the patient. It is important to become culturally competent since we will encounter and take care a diverse population with different culture and belief.

Suggestions:

N/A