

**N321 Medical/Surgical
TEACHING PLAN INSTRUCTIONS AND EVALUATION**

STUDENT NAME: Bailey Pierce

Date: 05.21.21

Use the format page included for preparing the written component of the teaching plan. Students will be evaluated on the written plan (15 points) and on the presentation of the teaching plan (10 points). Total Points possible = 25 points.

SCORE

I. Evaluation of the **written component**

Assessment of patient/client/class	(3 points)	_____
Prior knowledge of subject to be taught Determine patient's motivation to learn content Health beliefs/values (Taylor pgs 70 & 513) Psychosocial adaptations/adjustment to illness Compliance with health care protocols Assess patient's ability to learn Developmental level Physical capabilities/health status Language skills/literacy Level of education		
Nursing Diagnosis Identified	(1 point)	_____
Planning	(3 points)	_____
State objectives and outcomes: Include at least one from each learning domain: Cognitive, Affective & Psychomotor		
Interventions	(2 points)	_____
List the content to be included in instruction. Be specific and accurate. Logical sequence. Simple to complex. Organized		
Methods/Teaching Tools	(2 points)	_____
Instructional methods to be used: Examples are: Discussion Question & Answer Demonstration/Return Demonstration Strategies to keep patient's attention Methods to include patient in teaching/participation		
Evaluation	(3 points)	_____
Determine achievement of learning objectives based on expected outcomes. Identify strengths/weaknesses, Suggest modifications to plan; i.e. what would have made it better		
References Listed in APA format.	(1 point)	_____

TOTAL CONTENT _____/15

II. Evaluation of teaching presentation	(10 points)	_____ /10
Introduction of content, Patient put at ease, Eye contact, Clear speech and organized presentation, Environment conducive to learning, Family included, Accuracy of info, Validation of learning status, Use of teaching aids, Appropriate non-verbal body language etc.		

Date Submitted: 5. 21.21

Total points _____/25

**N 301 Nursing the Adult Client
TEACHING PLAN**

Student Name: Bailey Pierce
Nursing Diagnosis: Excess Fluid Volume Overload

Subject: Importance of daily weigh ins for patients with congestive heart failure

Relevant Assessment Data (see instructions)	Patient Outcomes (see instructions re: 3 domains of learning)	Teaching Outline (be specific and use a logical sequence)	Teaching Tools (see instructions)	Evaluation (see instructions)
<p>The patient was a 53-year-old African American Male with limited knowledge of his diagnosis of congestive heart failure (CHF). The patient was admitted 3 days before teaching with shortness of breath. Plans were made for release on day 5. The patient was very motivated to learn about this condition to prevent further hospitalizations. He is conscious of his condition, but still unaware of the severity of it. He was very compliant with orders from the nurse and physician. During admission, Lasix was added to the patient's medication regimen. Before admission, there was no history of the patient being on a diuretic. The patient commented jokingly about not wanting to be on Lasix after being</p>	<p>Cognitive Objective: To understand, recollect, and utilize the information being taught to him about the importance of daily weigh-ins related to his diagnosis of CHF. Cognitive Outcome: The patient verbalized knowledge of the information presented to him, recognized the importance of daily monitoring, and understood what weight changes would require medical attention.</p> <p>Affective Objective: This patient will recognize and value the information being presented and be motivated to learn. Affective Outcome: The patient was appreciative of the information presented. He showed genuine interest during the teaching and engaged in conversation about his condition. He was willing</p>	<p>After you leave the hospital, you should:</p> <ul style="list-style-type: none"> -Take medications as prescribed (patient was unaware that he could be required to take Lasix at home). -Record weight on the calendar first thing in the morning after first urination. -Contact your medical provider if weight changes are greater than 3lbs in one day or 5lbs in a week (OSF, no date). -Watch for signs of edema in the lower leg/ankle area. Contact your medical provider if edema extended up to the knee (OSF, no date). 	<p>The patient was given a brochure with information about CHF. We went through each section of the brochure giving the patient a better understanding of his condition. Due to the recent addition of Lasix to the patient's medication regimen, I felt it was essential to focus on daily weigh-ins and fluid monitoring. We discussed how improper use of the medication could lead to weight gain due to fluid retention. The patient was given a 3-month calendar to</p>	<p>I believe my patient obtained the goals of my teaching objectives. He was engaged in conversation and seemed to better understand how CHF can lead to fluid volume overload. He was able to correlate weight gain with excess fluid in his body. Initially, in my teaching, we discussed excess fluid in the body related to CHF and tracking weight, but I do not feel I correctly connected the two. Later in my teaching, I was able to further explain where and how the excess fluid accumulates and how that relates to weight changes. A strength in my plan was having a good understanding of the basic information associated with CHF. I was able to identify a lack of diuretic medication in the client's regimen before admission.</p>

<p>released due to the increased frequency of needing to use the restroom. We discussed the importance of daily weigh-ins to monitor fluid retention related to CHF during the teaching. The patient was able to answer questions and his understanding of the subject. The information was suitable for my patient's high school level of education. The patient's developmental level was appropriate to his age, and he was physically capable of understanding the provided information. The patient stated he did not have a scale at home and would have a family member help him get one. He was given a brochure about what CHF is and how to properly manage it and a 3-month calendar to track his daily weigh-ins.</p>	<p>to learn the information and was respectful as I was performing my teaching.</p> <p>Psychomotor Objective: This patient will be able to weigh and record his weight every morning after he urinates.</p> <p>Psychomotor Outcome: Unable to determine the outcome, but the patient verbalized that he would purchase a scale and track his morning weight.</p>		<p>monitor weight changes.</p>	
---	--	--	--------------------------------	--

Reference(s):

OSF Hospital. (no date). *What is Congestive Heart Failure?*
[Brochure]