Lakeview College of Nursing
N324: Older Adult Health Summer 2021

Course Information:

Course Name	Older Adult Health
Course Number	N324
Course Section Number	04
Semester Credit Hours	2 Theory
Prerequisites	Satisfactory completion of all Semester 1 courses
Corequisites	N321, N434, N431, N432, N322, N433, N323
Course Location	Online
Delivery Mode	Online
Semester Dates	May 17, 2021 – July 23, 2021
Course Meeting Dates/Times	Online
Course Content	The aging experience, the aging population, theories of aging, diversity, life transitions and stories, common aging changes, foundations of gerontological nursing the specialty of gerontological nursing, holistic assessment and care planning, legal aspects of gerontological nursing, ethical aspects of gerontological nursing, continuum care in gerontological nursing, health promotion, nutrition and hydration, sleep and rest, comfort and pain management, safety, spirituality, sexuality and intimacy, safe medication use, geriatric care, respiration, circulation, digestion, and bowel elimination, urinary elimination, reproductive system health, mobility, neurological function, vision and hearing, endocrine function, skin health, cancer, mental health disorders, delirium, dementia, living in harmony with chronic conditions, settings and special issues in geriatric care, rehabilitative, restorative care, acute care, long-term care, family caregiving, end of life care.
Methods of Instruction	The following learning strategies will be utilized: student participation through group discussions, multimedia presentations, readings, written assignments, case studies, individual exercises, online resources such as discussion boards, videos, case studies, and ATI course work.
Changes to Syllabus	Faculty reserves the right to make changes as necessary to this course syllabus. Learners will be notified in writing of any changes in a timely fashion.

Faculty Information:

Course Coordinator	Brittany Lawson, MSN, RN, CMAC
Office Location	Room 124: Danville Campus
Office Hours	Wednesdays: 0930-1430 **Please note: these are my regularly scheduled office hours. If these times do not work for you, you can email me with questions or schedule an appointment that works better with your schedule. I am here to help you succeed. Please do not hesitate to set up an alternate appointment with me if you need assistance.**
Office Phone Number	**217-709-0791**
Cell Phone Number	217-264-2032 You may only contact me via my cell phone if we have an over the phone appointment. Unscheduled phone calls to my cell phone will not be answered. Text messages will not be responded to.
Email Address	Brittany Lawson: Course Coordinator **blawson@lakeviewcol.edu** ****Please note this is the best method of contact**** Lanette Stuckey: Grading Instructor **lstuckey@lakeviewcol.edu**
Faculty Responsiveness	When contacting via email: Emails will be responded to within 24 hours Monday-Friday. Messages will be responded to as promptly as possible on the weekend. On the weekends, some messages may not be responded to until the next school day. If a response is not received in this timeframe, please follow up. When contacting via phone: A voicemail should be left if the call is not answered. Please note: all voicemails made to my office phone number are forwarded to my email inbox, thus I will receive these messages regardless of where I am. Voice messages will be responded to within 24 hours Monday-Friday, or first thing Monday morning (if on the weekend). If a response is not received in this timeframe, please follow up. Text message: This is not a preferred method of contact.
Grading Instructor: Faculty	Lanette Stuckey, Ph.D. MSN RN CNE CMSRN CNEcl NEA-BC
Office Location	Charleston Campus, Room 603 Danville Campus, Room 223
Office Hours	Monday's-Friday's 8:00 am- 4:00 pm Phone and virtual conferences available per appointment
Office Phone Number	217-709-0945
Cell Phone Number	217-343-6961
Email Address	ltuckey@lakeviewcol.edu

Course Catalog Description:

This course focuses on the care of the healthy older adult with an emphasis on family dynamics involving the care of the aging adult, developmental tasks of the healthy aging adult, and theories on aging. The nursing process will be used to increase awareness of the unique responses of the older adult.

Textbooks & Resources:

Required Textbook(s)/ Resources	American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.). Washington, D.C. Eliopoulous, C. (2018). *Gerontological nursing.* (9th ed.). Wolters Kluwer. For information on how to obtain textbooks visit: https://lakeviewcol.edu/books-and-supplies
Required Resources	Premium Grammarly version paid for by Lakeview College of Nursing. Course settings for Grammarly: o Audience-Knowledgeable o Formality-Informal o Domain-General Resources available on E360 Microsoft Word – available for free with your school email address
Required Internet Programs	ATI: https://www.atitesting.com/
Required Technology	Students should keep the most current version or updated version technology requirements. Updates will be published on: https://www.lakeviewcol.edu/index.php/technology You are expected to have reliable Internet access on a regular basis. You have the responsibility to address any computer problems that might occur. Such problems are not a reason for delays in meeting expectations or for missing course deadlines. Support for using Edvance360 is available by contacting Miranda Shake at Mshake@lakeviewcol.edu.

Additional Information:

Student Portal	https://edvance360.com/lakeviewcol/index.php
Lakeview Website	www.lakeviewcol.edu
Student Catalog or Handbook	For a current edition of the *Student Catalog* or *Student Handbook*, students may visit either the Lakeview website or find a copy in the library http://www.lakeviewcol.edu/cataloghandbook

Support systems	Edvance360 – http://v8.edvance360.com/help **Log-in access issues: Miranda Shake Librarian: (217) 709-0927; Mshake@lakeviewcol.edu** ATI Support is located on the bottom right hand corner of the screen when logged into ATI. (A frequently asked questions or chat option is available) Customer Support is also available at https://www.atitesting.com/contact-general-customer-support

Edvance360 MAINTENANCE

Please note that there are scheduled maintenance times for edvance360. It is essential that you are aware of those times and make sure that you have submitted any work in progress (e.g., tests, assignments, posts to journal, wikis or discussion boards) prior to the systems being shut down for maintenance. Any work in progress will be lost when the servers go down for maintenance. Students will be notified about scheduled maintenance by Miranda Shake, Lakeview Library Director.

Course Student Learning Outcomes (CSLOs):

Upon completion of this course students will be able to:

- Apply health promotion and health teaching associated with normal physiologic and psychosocial changes of aging.
- Describe nursing implications related to the developmental tasks of healthy aging.
- Identify the health and safety-related educational needs of the older adult.
- Implement nursing care for older adults with selected geriatric syndromes.

Course Requirements:

1. Students will display behavior in accordance with the mission and vision of the college.
2. Students will not write emails, converse with the instructor, or class peers in a disrespectful manner.
3. Students are expected to check their Lakeview email daily for communication from instructors.
4. Remediation for failed discussion posts and weekly assignments will be outlined in the academic improvement plan.
5. Students will complete all discussion posts and assignments on time.
6. **Late work will not be accepted for any reason**. A grade of zero will be given for assignments turned in after the due date.
7. Students must achieve a minimum cumulative course average of at least 77%.
8. Submission to the Edvance360 assignment dropbox is required of all assignments.
9. Submission to the Edvance360 discussion board is required of all discussion posts.
10. All assignments are due by 11:59 p.m. Central time by the date listed in the assignment schedule.
11. Students will engage in effective online communication.
12. Faculty will demonstrate behaviors consistent with the mission and vision of the college.

13. Faculty will engage in the online discussion forums to facilitate student achievement of the course learning outcomes.
14. Faculty will grade student assignments within seven days of the due date or prior to the next equivalent assignment to enhance the learning experience. Written papers over four pages will be graded within fourteen days.
15. Faculty will provide students feedback for any assignment with point deductions, in addition to their grade, to enhance the learning experience.
16. Faculty will grade assignments for all students per the course syllabus and rubrics.

Principles of Effective Online Communication

When emailing a professor, please observe these courtesies:

- Address the instructor respectfully in the opening.
- Identify course name, number, day, and time. Indicate your status as a student and your purpose for the inquiry.
- Include your first and last name in the closing.
- Articulate your specific need(s) in the message. Aspire to brevity.
- Use proper grammar, spelling, and punctuation. No jargon.
- If your email requires a reply, you can expect to receive a reply within 24 hours if the message arrives within the standard workweek (8-5 M-F). If a message is sent over the weekend or holiday, it will be addressed the next school day.
- Re-send or follow up with another email if you do not receive a response within a reasonable amount of time, stating when the previous email was sent. (Sometimes messages get lost, filtered or held up).

Make your emails effective by:

- Use for the right purposes (not for bad news, sensitive/emotional issues)
- Protect privacy and confidentiality. Respond promptly.
- Maintain professionalism and appropriate formality (use standard English) Manage emotion effectively and maintain civility (avoid flaming, cyber silence or misinterpretation)
- Avoid distractions.

Show respect for others' time by:

- Selecting message recipients carefully.
- Providing timeliness and options.
- Avoiding overuse of the priority flag.
- Letting others know when you will take longer than normal to respond or take action.
- Avoiding contributing to confusing and repetitive email chains.

Ensure ease of reading by:

- Providing a short descriptive subject line.
- Keeping your message brief yet complete.

- Identifying expected actions clearly.
- Providing a descriptive signature block.
- Using attachments wisely.

Apply the rules of netiquette by:

- Use courtesy & common sense in e-mail communication
- Use polite language.

Pay attention to Grammar, Punctuation, and Style by:

- Use the spell checker.
- Reread for accuracy
- Make it easy to read
- Use one, easy-to-read font (preferably Times New Roman, 12 point).
- Don’t use colors; stick to black.
- Use bold sparingly -- only to highlight something that absolutely must not be missed.
- Don’t use italics, if possible (very hard to read, except for APA requirements) DO NOT USE ALL CAPS. (This is yelling.)
- Don’t use backgrounds; they often load as attachments instead of backgrounds, and they add to the load time.

Consider the tone

- Be aware that words can inadvertently offend; go out of your way to extend the courtesy
- If there could be a doubt as to the tone of your message, reinforce it with an icon or acronym. o ;) =winking o :) =laughing, happy, just joking o :(=sad o lol=laughing out loud)

Think before copying to others

- Especially if there is a negative tone, confine the message to only those who must read it
- In replies, even if the message to you was copied to others, do not reply to everyone unless the information is useful to everyone
- E-mail warfare will come back to bite you!
- Think before you hit send!
- If you are angry, let your message sit and review it later
- Do not “flame” anyone. You may feel justified today sending a red-hot message, but may regret it tomorrow
- Wait to reply to flaming e-mail until you can do it with calm.

Use the subject line

- Subject lines help recipients prioritize
- Keep them short so they display.

Never, never...

- Never send anything personal or lewd that could be embarrassing
- Never send anything that is top-secret, because e-mail isn’t 100% secure!

Reference:

Cardon, P. W. (2016). *Business communication: Developing leaders for a networked world* (2nd ed). McGraw-Hill.

E-Portfolio: This assignment is required graded in N443 Leadership and Management.	
• Students will be required to choose an appropriate document or assignment to place in their Academic E-Portfolio on Edvance360. Students should choose one assignment from this course to upload. Suggested assignments for inclusion from N324: Older Adult Health include:	▪ Therapeutic Communication Gerontology Assignment, ▪ ATI: Apply: Nurse's Touch: The Communicator 2.0 Video Interaction: Client Comfort and End of Life Care ▪ ATI: Apply: Video Case Studies RN: Palliative and Hospice Care.

Final Course Grade Determination for Theory:

Theory – Syllabus Acknowledgment Form	Weight
Syllabus Acknowledgment Form	100%
Total	**1% of Course Grade**

Theory – Assignments	Weight
Therapeutic Communication Gerontology Assignment	35%
Palliative Care Assignment completed with ATI: Apply: Video Case Studies RN: Palliative and Hospice Care	30%
Reflective Case Study Assignment with ATI: Apply: The Communicator 2.0: Video Interaction: Client comfort and end of life care	35%
Total	**30% of Course Grade**

Theory – Discussion Posts	Weight
Unit 1: Discussion Board Post with Peer Post	10%
Unit 2: Discussion Board Post with Peer Post	10%
Unit 3: Discussion Board Post with Peer Post	10%
Unit 4: Discussion Board Post with Peer Post	10%
Unit 5: Discussion Board Post with Peer Post	10%
Unit 6: Discussion Board Post with Peer Post	10%

Unit 7: Discussion Board Post with Peer Post	10%
Unit 8: Discussion Board Post with Peer Post	10%
Unit 9: Discussion Board Post with Peer Post	10%
Unit 10: Discussion Board Post with Peer Post	10%
Total	**54% of Course Grade**

Theory – ATI Assignments	Weight
ATI: Learn: Dosage Calculations and Safe Medication Administration 3.0: Case Studies: Advanced Alzheimer's Disease	25%
ATI: Apply: The Communicator 2.0: Video Interaction: Aging Client	25%
ATI: Test: Learning System RN 3.0: Gerontology	25%
ATI: Test: Learning System RN 3.0: Gerontology Final	25%
Total	**15% of Course Grade**
Learners must achieve a minimum cumulative course average of at least 77% in order to meet the requirements and pass the course.	

Assignment Schedule:

Theory – Assignment	Unit/Week Administered	Due Date All assignments are due by 11:59 pm Central Time on the date listed
Syllabus Acknowledgment Form	Unit 1/ Week 1	Thursday, May 20, 2021
Therapeutic Communication Gerontology Assignment	Unit 2/ Week 2	Saturday, May 29, 2021
Palliative Care Assignment	Unit 4/ Week 4	Saturday, June 12, 2021
ATI: Apply: Video Case Studies RN: Palliative and Hospice Care	Unit 4/ Week 4	Saturday, June 12, 2021
ATI: Apply: The Communicator 2.0: Video Interaction: Aging Client	Unit 5/ Week 5	Thursday, June 17, 2021
ATI: Test: Learning System RN 3.0: Gerontology	Unit 7/ Week 7	Thursday, July 1, 2021
ATI: Dosage Calculation: Case Studies: Advanced Alzheimer's Disease	Unit 8/Week 8	Thursday, July 8, 2021
Reflective Case Study Assignment	Unit 9/ Week 9	Saturday, July 17, 2021
ATI: Apply: The Communicator 2.0: Video Interaction: Client comfort and end of life care	Unit 9/ Week 9	Saturday, July 17, 2021

ATI: Test: Learning System RN 3.0---Gerontology Final	Unit 10/ Week 10	Thursday, July 22, 2021

Theory – Weekly Discussions	**Unit/Week Due**	**Date Due** All assignments are due by 11:59 pm Central Time on the date listed
Unit 1 Discussion	Unit 1/ Week 1	Main Post: Thursday, May 20, 2021 Peer Response: Saturday, May 22, 2021
Unit 2 Discussion	Unit 2/ Week 2	Main Post: Thursday, May 27, 2021 Peer Response: Saturday, May 29, 2021
Unit 3 Discussion	Unit 3/ Week 3	Main Post: Thursday, June 3, 2021 Peer Response: Saturday, June 5, 2021
Unit 4 Discussion	Unit 4/ Week 4	Main Post: Thursday, June 10, 2021 Peer Response: Saturday, June 12, 2021
Unit 5 Discussion	Unit 5/ Week 5	Main Post: Thursday, June 17, 2021 Peer Response: Saturday, June 19, 2021
Unit 6 Discussion	Unit 6/ Week 6	Main Post: Thursday, June 24, 2021 Peer Response: Saturday, June 26, 2021
Unit 7 Discussion	Unit 7/ Week 7	Main Post: Thursday, July 1, 2021 Peer Response: Saturday, July 3, 2021
Unit 8 Discussion	Unit 8/ Week 8	Main Post: Thursday, July 8, 2021 Peer Response: Saturday, July 10, 2021
Unit 9 Discussion	Unit 9/ Week 9	Main Post: Thursday, July 15, 2021 Peer Response: Saturday, July 17, 2021
Unit 10 Discussion	Unit 10/ Week 10	**Main Post: Tuesday, July 20, 2021** **Peer Response: Thursday, July 22, 2021**

See Student Handbook for All Institutional Policies

Attendance Policies

General Attendance/Absence Policy

Lakeview College of Nursing students are expected to attend all meetings of classes (live and online), scheduled laboratory, and clinical sessions in which they have enrolled. Attendance at clinical and lab sessions is required. Attendance will be recorded for each scheduled class, laboratory, and clinical experience. It is the student's responsibility to attend all classes, arrive on time, and stay for the entire designated time. Students who violate the clinical/lab dress code and/or student conduct code will not be permitted to attend or remain in the class, laboratory, or clinical experience, and an absence will be recorded. Students must wear a Lakeview College of Nursing-issued student ID badge at all times while in class, lab, and at clinical sites.

On-Line Course Attendance Policy

Attendance in the online classroom platform is expected, and missing any online coursework can have an impact on the student's course grade. Attendance will be taken weekly. Students are expected to prepare for each online session by completing the required readings and other assignments. Active participation is an exception from the very beginning of the course, and ongoing active participation must be maintained throughout the semester. If the student does not actively complete content for two (2) online sessions during the

semester, the course coordinator will evaluate the student's ability to complete the course and may result in failure of the course

Access and Accommodations

Your experience in this class is important to me. If you have already established accommodations with Disability Service Vicky Welge, please communicate with me so that we may implement your approved accommodations in this course.

If you have not yet established services, but have a temporary health condition or permanent disability that requires accommodations (conditions include but not limited to; mental health, attention-related, learning, vision, hearing, physical or health impacts), you are welcome to contact Vicky Welge at 217-709-0939 or email Vicky at vwelge@lakeviewcol.edu to see if you are eligible for accommodations. Vicky Welge offers resources and coordinates reasonable accommodations for students with disabilities and/or temporary health conditions. Reasonable accommodations are established through an interactive process between you, the instructor, and Vicky. It is the policy and practice of the Lakeview College of Nursing to create inclusive and accessible learning environments consistent with federal and state law.

Academic Integrity

Lakeview College of Nursing is committed to upholding the highest standards of academic integrity in the classroom and clinical setting, and it is the responsibility of all stakeholders-faculty, staff, and students to ensure these standards are being met.
More about the expected standards of behavior can be found at https://www.lakeviewcol.edu/sites/default/files/2020-2021_Student_Handbook-College_Catalog.pdf

Academic Integrity Honor Code

Student's Signature:

_____Date:_____

Student's Printed Name:

_____

For complete information about expected student behavior and disciplinary action, please refer to the *Student Handbook*, available on the Lakeview College of Nursing website.

Lakeview College of Nursing

N324

Summer 2021

My signature above verifies that I have read and understood the rules identified on the previous pages for class and clinical.

It also verifies that I have read and understood this course's syllabus.