

Management of Care

- Ethical Care
 - Legal and Ethical Issues: Priority Action for Client Refusing Treatment
 - A court-appointed guardian can consent for an incompetent patient.
 - Attempt to calm the patient as try again with treatment or the next medication dose.
 - Document treatment refusal.

Safety and Infection Control

- Accident/Error/Injury Prevention
 - Neurocognitive Disorders: Making Room Assignments
 - A patient with delirium needs to be close to the nurses' station.
 - A violent patient must have a room alone.
 - Patients who are demented will need to be close to the nurses' station.
- Use of Restraints and Safety Devices
 - Legal and Ethical Issues: Applying Restraints
 - Try encouraging the patient to calm down before relying on restraints.
 - Never punish the patient with restraints.
 - There is a four-hour time limit for restraints on adults.

Psychosocial Integrity

- Abuse/Neglect
 - Sexual Assault: Priority Interventions
 - Perform a self-assessment to uncover any bias that may impact care.
 - Let the patient know they are safe.
 - Assist the SANE with physical examination.
- Behavioral Interventions
 - Personality Disorders: Caring for a Client Who Has Borderline Personality Disorder
 - Use a firm, therapeutic, and supportive approach when communicating with a patient.
 - Limit-setting and consistency are crucial when caring for a manipulative patient.
 - Maintain professional boundaries with flirtatious patients.
 - Personality Disorders: Establishing Client Goals
 - Focus on gradual progression changes.
 - Utilize cognitive-behavioral therapy to enhance the patient.
 - Psychotherapy can be used to help patients with personality disorders.
- Crisis Intervention
 - Anger Management: Intervention for a Client Who is Exhibiting Aggression
 - Encourage the patient to express feelings verbally.
 - Avoid accusatory threats or statements.

- Use physical activity to, like walking, to deescalate anger and behaviors.
- Mental Health Concepts
 - Eating Disorders: Identifying Manifestations of Anorexia Nervosa
 - Lanugo
 - Dehydration
 - Terrified of gaining weight
 - Eating Disorders: Planning Care for a Client Who Has Anorexia Nervosa
 - Establish realistic goals for weight gain.
 - Monitor patients after meals.
 - Administer prescribed SSRIs.
- Substance Use and Other Disorders and Dependencies
 - Substance Use and Addictive Disorders: Caring for a Client Who Has Opioid Use Disorder
 - Use COWS to assess potential withdraw.
 - Monitor the patient for CNS depression.
 - Administer methadone, clonidine, naltrexone, or buprenorphine for withdraw.

Basic Care and Comfort

- Non-Pharmacological Comfort Interventions
 - Depressive Disorders: Recommendations to Decrease Social Isolation
 - Make time to be with the patient.
 - Attend group therapy.
 - Attend interpersonal therapy.

Pharmacological and Parenteral Therapies

- Adverse Effects/Contraindications/Side Effects/Interactions
 - Medications for Depressive Disorders: Contraindications for Selegiline
 - Orthostatic hypotension
 - Cardiac dysrhythmias
 - Use of other MAOIs.
 - Medications for Psychotic Disorders: Adverse Effects of Clozapine
 - Metabolic syndrome
 - Anticholinergic symptoms
 - Mild tremors
- Expected Actions/Outcomes
 - Medications for Children and Adolescents Who Have Mental Health Issues: Evaluating Client Understanding of Methylphenidate
 - Ask the patient if they should use MAOIs with methylphenidate.
 - Ask the patient if they should avoid caffeine with methylphenidate.
 - Ask when the patient should take the last dose of the day.



Proctored Assessment: RN Mental Health 2019

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Individual Performance Profile

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	TIME SPENT 23:05	Test Date: 4/29/2021 # of Questions: 60 Attempt: 1

Proficiency Level	Mean		Percentile Rank	
	National	Program	National	Program
Level 2	69.8%	70.5%	74	71

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