

N321 Adult Health I
Clinical Reflection Form

Name: Richard Kumpi

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Final Term Journal

1. Briefly write about your experience(s)

My overall experiences at clinicals were satisfying, interesting, and instructive. It was a wonderful time for me to interact with my patients while giving them care under the supervision of the nurse or the instructor. I had to pass medications with the nurses, I assisted nurses doing an admission assessment. I also did my care plans, which taught me so many things about patient's care. I had the opportunity to assist a patient who had ultrasound of the kidneys and another one who had MRI of the spine. I also worked with the physician in the emergency department to place a hip back into the socket.

2. What are things you learned?

I learned that adult urinary catheters are not all the same, they are different in sizes and can be used in different patients regarding the size of their urethras. I had to insert a straight catheter to a male patient, but the catheter was too big than his urethra and the nurse had to change the size of the catheter. I also learned that if a central line catheter cannot be placed at the internal jugular in the neck, the subclavian vein, or the femoral vein in the groin, a power glide midline catheter can be inserted in the upper arm and the insertion should be ultrasound guided.

3. What are things you would do differently?

The main thing I need to work on is about safety. I have to always remember to scoop the needle when trying to recap it and also, I have to retract the needle right the way after use before putting it on the worktable. This will prevent any needle injury to myself or to a patient.

4. What is your major "take home" from clinical experience(s)

My major take home from my clinical experiences is wound care (drainage of Jackson-Pratt and dressing), EKG, intramuscular and subcutaneous injections. I also gained new knowledge after assisting patients who had MRI of spine and ultrasound of kidneys.

5. Is there anything else you would like to mention?

In general, my clinicals helped me practice what I learned in class but also helped me learn new knowledge that I could only learn at clinical site. My clinical instructor was helpful as well as the nurses, they facilitated my learning. The time we spent during our post conferences was

beneficial because we learned a lot through asking or answering questions with the instructor and completing case studies; it was very instructive to all of us as student nurses.