

N321 Adult Health I

Clinical Reflection Form

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Date: 4/20/21

End of clinical Journal

1. Briefly write about your experience(s)

I had a great time during clinicals. I always make sure to provide appropriate care to all my clients and assist with ADLs when needed. I performed all my tasks with the assigned nurse or my instructor. I had a chance to start intravenous injections, cleaning wounds, transferring patients to different units, discharge papers, admission assessment, passing different medication, SBAR, and so on.

2. What are things you learned?

I have learned a lot this semester. During orientation I learned for the first time the ways to do a case study. I learned how to set up an IV pump, with one or two bags, I learned subcutaneous injection can be given with 45- or 90-degree, different ways to take off IV needle, and so on. I learned a lot from my clinical instructor, nurses, and my classmates during post conferences.

3. What are things you would do differently?

I have to pay more attention for needle safety after the injection.

4. What is your major "take home" from clinical experience(s)?

My major take home from this clinical experience is being in ED and take care of clients who are in critical conditions. After a client is admitted to the ED most of the time in couple hours client should be treated and go home if there are not in a critical condition. However, those who are in

critical condition are transferred to the ICU or to the appropriate unit, where they can get treatment needed. When I worked in the triage, the triage nurse makes the decision about which patient should be treated first and others can wait until there are rooms disponible for them.

5. Is there anything else you would like to mention?

I really enjoyed this clinical because I learned a lot from my clinical instructor during clinicals, post conferences, and care planes. The clinical instructor always there to help us whenever we need her. I failed for my first care plan, but the clinical instructor took her time to go over the phone with me to explain what she was expecting from me to come out with. This experience will help me to do better for my next semester and for the rest of my career.