

N321 Adult Health I

Clinical Reflection Form

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End of clinical Journal

1. Briefly write about your experience(s)

I thought my experience was somewhat beneficial. After midterm I finally got to learn some more skills on the floor and put them into action. It wasn't as many as I'd hoped it to be, but overall, it was a somewhat beneficial experience.

2. What are things you learned?

I learned about push times for medication, iv starts, Foley catheter insertion, and some lab collections.

3. What are things you would do differently?

I think if I could do it differently I would've been a little less timid to take on patients.

4. What is your major "take home" from clinical experience(s)?

I learned you have to trust your education and not second guess yourself. I knew a lot of stuff but I was scared about messing up so I was hesitant.

5. Is there anything else you would like to mention?

I do want to mention that I still feel like in the afternoon some of us missed opportunities like witnessing surgeries or scopes. And the nurses at OSF loved to ignore the students and not help them learn or act like their questions put them out, which is very frustrating seeing as this is supposed to be where we learn and become comfortable in our skills.