

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references.** Your score will be based on this rubric. You must receive 77% (38.5 points) in order to pass this clinical assignment. Each question must contain at least 100 words minimum.

1. How does this clinical site relate to the course?

In pediatrics, we learn about children of all ages 0-18. We learn about chronic diseases, like type I diabetes and asthma. These diseases are treated both in and out of the hospital/clinic setting. This clinical site relates to the course in managing chronic illnesses and dealing with acute illnesses. There were also children from kindergarten to sixth grade, so there were many different developmental levels. When caring for children, it is important to be aware of the different developmental levels because it impacts how you care for that child. In pediatrics, we learn about a child's developmental level based on their age, but we also learn that some children may not be at that developmental level. This clinical site portrayed the aspects of the course very well.

2. How were you an engaged nursing professional today?

Before coming to this clinical site, I had questions that I was planning on asking during the shadowing experience. Once I got to the school, I asked the questions I wanted to ask, and I observed the school nurse. I was actively engaged during the shadowing, and when the nurse would do something, I asked why afterward. For example, some children would come and use her bathroom instead of the public restrooms. I did not understand why they did that, and after asking, I found out that it was because of behavioral issues or them wanting privacy. I also observed things in the nurse's office that wasn't medical-related. For example, there were many shoes in the office for children who may not have PE shoes or shoes that fit.

3. How did you contribute to the service provided by the school nurse today?

At the clinical site, we contributed to the service provided by the school nurse by observing, listening, and talking with the children. There were children in the office the majority of the time we were in there. We talked to the children and helped ask their questions while the nurse was busy with other children. There was this child who fell off the swing and hit his head, and we helped the child with his ice pack while the nurse was helping another child with her blood sugar. We also helped that same child get lunch while waiting for his mother to pick him up.

4. Name 3 ways this clinical site impacts Pediatric health?

School nursing and schools themselves can help children establish a schedule, teach children how to manage chronic conditions, and provide support for children. When a child has to wake up every day and be at school, it helps give a schedule for them. The child has the option to eat breakfast and lunch. The child can also participate in physical education classes, which are recommended for children. Children who have chronic conditions like asthma or type I diabetes may have difficulty managing them independently, but the school nurse helps them establish independence and management techniques. The school nurse also supports the child in any chronic condition or discomfort.

5. What are the health risks of the population served during today's clinical based on your observations today?

Some health risks that I observed today included type I diabetes, asthma, and ADHD. In the Westville school district (kindergarten-6th grade), there are four children with type I diabetes. I found it surprising how many children in a smaller school district had type I diabetes. Type I diabetes poses a health risk to the population. Type I diabetes affects the child in many ways and can cause chronic hypoglycemia or hyperglycemia, cognitive delays, academic achievement, or information processing skills (Delamater et al., 2018). Type I diabetes can also increase the risk of eating disorders (mainly in females) and depression (Delamater et al., 2018). Supporting patients who have chronic illnesses is important to help management and lifestyle.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Using the health risks from the question above, I am going to choose type I diabetes. A child with type I diabetes is at a greater risk for injury and insufficient knowledge. The nursing diagnosis would be insufficient knowledge related to type I diabetes, as evidence by the child recently being diagnosed with type I diabetes. The goal associated with this patient's plan of care is to reduce the risk of injury and provide care so that the child can live a relatively normal and healthy lifestyle. Nursing interventions would include 1.) Assess the child/parents' understanding of the disease and ability to manage the disease so that the nurse knows what to teach. 2.) Teach the child and parent that they can participate in physical education classes, but they need to eat a carbohydrate snack and increase fluids beforehand. 3.) Teach the child and parents about potential complications if they do not follow proper care techniques like checking blood sugar or giving insulin. Ensuring the child and parent know how to count carbs, give insulin, and check blood sugar is essential.

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

This school nurse shadowing experience opened my eyes to all that the school nurse does. The school nurse provides more care than I thought. They also offer emotional/supportive care as well as physical. The school nurse provides a more holistic approach and is a student advocate. After shadowing the school nurse, I see how a child with a chronic illness operates outside of the hospital setting. The school nurse also sends notes home with the parents about things that could be wrong, like eyesight which we would see in a clinic setting. The school nurse does more than give Tylenol and sends the child home, and after today I see that and have great respect for nurses who take care of students of all ages!

Reference:

Delamater, A. M., de Wit, M., McDarby, V., Malik, J. A., Hilliard, M. E., Northam, E., & Acerini, C. L. (2018). ISPAD Clinical Practice Consensus Guidelines 2018: Psychological care of children and adolescents with type 1 diabetes. *Pediatric Diabetes*, 19, 237–249.

<https://doi.org/10.1111/pedi.12736>

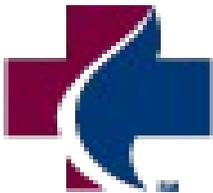
N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Points- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. 	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. 	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used.

	Weight- 1 point	Weight- 5 points	Weight- 10 points
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.	ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate.	- ND accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate.	- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.
<i>Total Weight- 10 points</i>	Weight- 1 point	Weight- 5 points	Weight- 10 points
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.	- Paper submitted to dropbox or discussion board late.		- Paper submitted to dropbox on time.
<i>Total Weight- 5 points</i>	Weight- 1 point		Weight- 5 points

Total Points _____

*NOTE: Must achieve 38.5 points to pass. This is a clinical assignment, so it must be passed in order to pass clinical.



LAKEVIEW
COLLEGE OF NURSING

Course: N433

Semester: Spring 2021

Date: _____

Clinical Preceptor Feedback of Student

Students Performance: Please rate the student on their performance today. **(1 being the lowest score possible and 5 being the highest)**

1. Student was prompt and ready for assignment?	5	4	3	2	1
2. Student acted in a professional manner?	5	4	3	2	1
3. Student performed tasks well and promptly?	5	4	3	2	1
4. Student interacted with staff and patients in a compassionate?	5	4	3	2	1
5. Student was engaged/enthusiastic and eager to learn?	5	4	3	2	1

Overall clinical performance: (Please circle)

Satisfactory

Unsatisfactory

Additional Comments:

Your feedback is to help improve communication and safety in the clinical setting between Lakeview faculty and the healthcare facility. Thank you for helping make our program successful! Please feel free to return in an envelope at your discretion.

Student: _____

Date/Time:

Preceptor Printed Name: _____

Department: School Nurse

Preceptor Signature: _____

Agency: Westville School District