

**N321 Medical/Surgical
TEACHING PLAN INSTRUCTIONS AND EVALUATION**

STUDENT NAME: Jillian Kurtz _____ Date: 03/24/2021 _____

Use the format page included for preparing the written component of the teaching plan. Students will be evaluated on the written plan (15 points) and on the presentation of the teaching plan (10 points). Total Points possible = 25 points.

SCORE

I. Evaluation of the **written component**

Assessment of patient/client/class	(3 points)	_____
<ul style="list-style-type: none"> Prior knowledge of subject to be taught Determine patient's motivation to learn content Health beliefs/values (Taylor pgs 70 & 513) Psychosocial adaptations/adjustment to illness Compliance with health care protocols Assess patient's ability to learn Developmental level Physical capabilities/health status Language skills/literacy Level of education 		
Nursing Diagnosis Identified	(1 point)	_____
Planning	(3 points)	_____
<ul style="list-style-type: none"> State objectives and outcomes: Include at least one from each learning domain: Cognitive, Affective & Psychomotor 		
Interventions	(2 points)	_____
<ul style="list-style-type: none"> List the content to be included in instruction. Be specific and accurate. Logical sequence. Simple to complex. Organized 		
Methods/Teaching Tools	(2 points)	_____
<ul style="list-style-type: none"> Instructional methods to be used: Examples are: Discussion <li style="padding-left: 40px;">Question & Answer <li style="padding-left: 40px;">Demonstration/Return Demonstration <li style="padding-left: 40px;">Strategies to keep patient's attention <li style="padding-left: 40px;">Methods to include patient in teaching/participation 		
Evaluation	(3 points)	_____
<ul style="list-style-type: none"> Determine achievement of learning objectives based on expected outcomes. Identify strengths/weaknesses, Suggest modifications to plan; i.e. what would have made it better 		
References Listed in APA format.	(1 point)	_____

TOTAL CONTENT _____ /15

II. Evaluation of teaching presentation	(10 points)	_____ /10
<ul style="list-style-type: none"> Introduction of content, Patient put at ease, Eye contact, Clear speech and organized presentation, Environment conducive to learning, Family included, Accuracy of info, Validation of learning status, Use of teaching aids, Appropriate non-verbal body language etc. 		

Date Submitted: _____

Total points _____ /25

**N 301 Nursing the Adult Client
TEACHING PLAN**

Student Name: Jillian Kurtz
Nursing Diagnosis: Chest Pain

Subject: N321 Medical Surgical- Teaching Plan

Relevant Assessment Data (see instructions) Sarah Bush Reference (Wilkins, 2017) (Capriotti, 2020)	Patient Outcomes (see instructions re: 3 domains of learning) Sarah Bush Reference (Wilkins, 2017) (Capriotti, 2020)	Teaching Outline (be specific and use a logical sequence) Sarah Bush Reference (Wilkins, 2017) (Capriotti, 2020)	Teaching Tools (see instructions) Sarah Bush Reference (Wilkins, 2017) (Capriotti, 2020)	Evaluation (see instructions) Sarah Bush Reference (Wilkins, 2017) (Capriotti, 2020)
<p>The patient has been educated on several things during their hospitalizations. The patient seems motivated to learn and interested in the content being taught. The client believes in medicine and will need to continue medications after the hospitalization due to other illnesses. The patient is alert and oriented times 4 and is compliant with the health care team. The client is up at lib. The patient's health status has improved but still will be continued to monitor due to the patient's hypertension, obesity, risk for infection, and being a former smoker. The patient's language is literate and I was unable to get an education level.</p>	<p>Reduce Smoking</p> <ul style="list-style-type: none"> Reduce the amount of smoking from 1 pack every 1-2 days to only a pack a week or 2 weeks. Smoking includes lots of chemicals which could cause more harm to the body especially having hypertension and being obese. <p>Diet</p> <ul style="list-style-type: none"> The client should monitor their weight and eat small meals rather than larger meals. Also, the client should eat fruits and vegetables. Also, the client should engage in at least 30 mins of exercise a day. <p>Hand Hygiene</p> <ul style="list-style-type: none"> The client is at risk for infection so they should perform hand hygiene often and avoid sharing with other people. Client should make sure to also wash foods from grocery store if necessary. 	<p>Reduce calorie intake but do not go below 1,200 calories a day.</p> <ul style="list-style-type: none"> Eat 4-5 smaller meals a day instead of 3 big meals a day. You should choose wholegrain varieties with plenty of fruits and vegetables. Limit the amount of food and drinks that are high in fat and sugar. <p>*Eating healthy and reducing the number of bad foods that the patient is consuming will help to manage their obesity and hypertension as well.</p> <ul style="list-style-type: none"> The patient should still eat plenty of calories because going under 1,200 calories a day can damage the body even more. Being able to manage the weight will help to reduce the amount of health problems that the client suffers from or could encounter. <p>Get help right away if:</p> <ul style="list-style-type: none"> Patient becomes lightheaded or dizzy. Health conditions become worse with these changes. Patient experiences hemorrhage. Patient may also develop a DVT or PE. 	<p>When you get the urge to smoke what can you do instead?</p> <ul style="list-style-type: none"> Perform physical activity. Try nicotine gum chewing instead. Start a new hobby to keep you distracted. <p>If nothing helps to fight the urge smoking, call someone who will help you fight the addiction including a hotline or a friend. A nicotine patch or nicotine gum may also help to taper the addiction.</p>	<p>Have the patient repeat back what was taught to them today. Evaluate what the patient learned from the learning. Make sure to reteach any areas that the patient did not understand fully or still have a few questions about. Teach the family to moderate the amount of food served to the patient and to also help the patient reduce the urge of smoking. Make sure to call if the patient is still unsure about some discharge teaching.</p>

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Reference(s):

Sarah bush reference page.

Capriotti, T. (2020). *Davis advantage for pathophysiology: Introductory concepts and clinical perspectives* (2nd ed). F.A. Davis.

Wilkins, W. L. (2017). *Brunner's Textbook of Medical-Surgical Nursing 14th edition 2-vol + Lab Handbook + Study Guide Package* (Study Guide ed.). LWW.