

N321 Adult Health I

Clinical Reflection Form

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Date: 03/09/21

Mid Term Journal

1. Briefly write about your experience(s)

My overall experience about clinicals is positive; I have the opportunity to interact with patients while assessing them, administering them their medications as ordered and scheduled. I did my teaching about hemodialysis to a patient going through dialysis treatment. This was an amazing experience for me teaching a patient, which made me learn more about dialysis. I also was one time frustrated as I could not start an IV because my patient had pretty much invisible veins and I had to pass it to my nurse to find and start the IV. That is my only opportunity I had so far to start an IV since I started my clinicals and hope to have more and be able to successfully start an IV.

2. What are things you learned?

During my clinicals I have learned and performed couple of things that we have already covered in class during labs such as wound care and dressing and ACCU - Check. I also learned how to set the EKG kit on a patient admitted to the emergency department who requires heart monitoring. I also learned that blood vessels may be difficult to find in some patients with massive upper members. I wasn't able to start an IV in one patient and even the nurse had to struggle finding the vein until she was able to start the IV.

3. What are things you would do differently?

Things I have to do differently would be fixing my errors on my care plans. I have hard time citing correctly my sources in APA forma and making the concept map as required.

4. What is your major “take home” from clinical experience(s)?

Honestly, I still not have any major take home from my clinical experiences so far other than EKG, but probably I will have some by the end of my clinicals. However, I would like to mention that I gained new knowledge while I was preparing my teaching about hemodialysis.

5. Is there anything else you would like to mention?

At this point I would like to mention that my clinical site has also contributed to my successful experience as nurses are very friendly to student nurses, they are helpful and ready to share their knowledge and experience as nurses. They allow me to take actions under their close supervision. It is important to also mention that I have benefit more teachings, support, encouragement, and close supervision from my clinical instructor who always comes and ready to assist. I also like the time we spend during our post conference because at that time we not only share what we experienced on floor but also respond to different questions from the instructor. We also learn from this moment.