

N321 Adult Health I

Clinical Reflection Form

Name: Christine Nlandu

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Mid Term Journal

1. Briefly write about your experience(s)

Since the beginning of this semester, I am having a great time in my clinicals; my overall experience in clinicals it is an amazing experience where I see myself in a nurse's shoes interacting with patients though I do all behind my nurse and my clinical instructor. I have performed physical assessment, I have passed medications, I started an IV more than once; even though my first trial wasn't successful, finally I got other opportunities and I did well. Another exciting thing I experienced is my teaching. I had the opportunity to teach my patient about dehydration and that was successful.

2. What are things you learned?

I have learned couple of things so far from my clinicals while rotating fourth and back from med surge unit to emergency department. I learned finding a vein in a real person and start an IV, which I did couple of times. I also learned how to do SBAR each week.

3. What are things you would do differently?

I have to improve my input on care plane.

4. What is your major “take home” from clinical experience(s)?

My major take home from my clinical experiences is starting an IV. Since my first day of clinicals I was motivated to practice what I learned in class, especially starting an IV. The week 7 was scheduled to work at the emergency department, I got the opportunity to perform two IV insertion and my hope is to have some more tasks to accomplish at the end of my clinicals in this semester.

5. Is there anything else you would like to mention?

One more thing I would like to mention is the great support, encouragement, and supervision we are getting from our instructor. While on the floor, our clinical instructor is always on touch to monitor our interventions and provides instructions and orientations in order to let us provide appropriate care to our patients. In addition, we spend an hour post-conference where we share our experiences and answer different questions from the instructor. Those questions boost our overall knowledge about care plans and giving care.