

N321 Adult Health I

Clinical Reflection Form

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Mid Term Journal

1. Briefly write about your experience(s)

I have experienced different things throughout clinical thus far. I have given meds for the first time and I have also given shots. We get to rotate to the ED, and I have also learned things there as well. In the ED I have seen a code from start to finish, a patient who was manic, and HR cases. I feel as though I have experienced a lot of different things throughout this experience.

2. What are things you learned?

I have learned how to give medication, and shots. I have also learned how to take care of more than just once patient and how being a nurse can be very stressful at times. I have learned how to look up meds you do not know through epic. I have learned better patient care and more about how the ED works.

3. What are things you would do differently?

If I could choose to do things different, I would choose to have more opportunity to put in IVs. I haven't gotten the chance to put one in yet and I hope to be able to soon. I would also change the amount of exposure we get. I feel like we do not get enough exposure in OSFs emergency department. I have learned things there however some of the time its more standing around then actually learning anything at all.

4. What is your major "take home" from clinical experience(s)?

My major take home from this clinical experience is getting to pass meds and give shots. I feel like this is the biggest thing I have learned and is something that will be with me throughout my career as a nurse.

5. Is there anything else you would like to mention?

Overall, I enjoy clinical and haven't learned good things. The only thing I would change is the amount of exposure to different things like putting in IVs and foleys.