

N321 Adult Health I

Clinical Reflection Form

Name: Janet Song

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Clinical Rotation Site: IMH (Iroquois Memorial Hospital)

1. Briefly write about your experience(s)

I have experienced floor patient care, cardiac care, emergency room, and plenty of IM injection.

2. What are things you learned?

The second semester clinical gave me a chance to experience more than the first semester clinical. I had a chance to go to a different department, which allow me to experience different environments. Also, I feel a little comfortable giving IM injection.

3. What are things you would do differently?

In the COVID clinic, I focused on giving a vaccine to the people rather than explaining and talking. The male nurse taught me with a confident voice. He said anyone could give an injection but build a rapport with the client is the more important. I need practice.

4. What is your major “take home” from clinical experience(s)?

Nurse in the different department has their roles and rules. Prepare the gauze before I remove the IV. And don't forget to apply the pressure, especially for the patient taking a blood thinner. Medical reconciliation is important and must double check it to reduce the error.

5. Is there anything else you would like to mention?

Thank you for giving us the chance to experience different departments. I really like this hospital because I can focus more. I hope Professor Gina Brassard would teach Adult health II and III.