

Abusive Head Trauma Virtual Simulation

Debriefing Questions

1. How does this virtual simulation relate to the course?

When the class goes to Pediatric clinical, the class may get the opportunity to take care of a child who has abusive head trauma. Like many children under the age of one are more likely to have a head trauma than any other child. When taking care of a child with abusive head trauma, the student must remember that there are different types of abusive head trauma: subarachnoid hemorrhage, intracerebral hemorrhage, retinal hemorrhage, spinal cord hemorrhage, and epidural hemorrhage. In Pediatrics, we learn how to take care of children who have abusive head traumas. Educating family members about the different types of head traumas, whether they are intentional or not, and when to call childcare services is essential, especially in times of abuse.

2. Name 3 ways this clinical site impacts Pediatric health.

As a Pediatric nurse, several impacts affect this clinical site, such as the shaken baby syndrome is the leading cause of head trauma in children less than one year of age. When a child suffers, the abuse comes with health injuries such as impaired vision, impaired hearing, developmental issues, or evening physical disabilities. Another impact head trauma can place on Pediatric nurses is whether the abuse was intentional or an accident. If they are parents themselves, some nurses may take the injury to heart and become attached to the child with the injury. As a Pediatric nurse, there is always an up or down situation when taking care of children.

3. What are the health risks of the population served during today's simulation based on your observations today?

When the simulation, abusive head trauma had several health issues: brain injury, hearing impairment, eye vision impairment, and physical injuries resulting from an abusive head injury. Children who have had abusive head trauma also can suffer from developmental delays depending on the severity of the injury. Children who come from homes where they have abusive head trauma look towards the nurses for comfort from their trauma. A healthcare worker never really knows how severe the head trauma is until the child comes out of the trauma's acute stage. There are tests the nurse can perform to see what kind of hemorrhage has been done to the child to perform the child's right route.

4. Choose one of the health risks identified in question 3 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Shaken baby syndrome, is a health risk that come with an abusive head trauma. Shaken baby syndrome is one of the most common ways of abuse in a child under the age of one. Nursing diagnosis I would use for a child with shaken baby syndrome would be risk for trauma possible evidenced by physical abuse to the child (Martin et al., 2018). A measurable goal for this nursing diagnosis would be that the child would not experience maltreatment or abuse by parents or other offenders (Martin et al., 2018). At least three nursing interventions to achieve this goal would be assess the abuser for violent behavior or other abusive patterns, use of alcohol, or drugs, or other psychosocial problems, assess the behavior of the parents toward the child, and then instruct in identifying events that lead to child abuse and in methods to deal with behavior without harming the child (Martin et al., 2018).

5. How will your knowledge gained during this simulation impact your nursing practice?

My knowledge for caring for children with abusive head trauma was not particularly good; it was extremely poor. I did not have confidence in myself to take care of a child with abusive head trauma. Now that I have gone through the virtual video, I have gained more confidence in caring for a child with head trauma. When it comes time for me to go to my clinical setting and put my knowledge into a real-world situation, I want to help children with these types of traumas. There is plenty of information about children in a pediatric setting that I have not learned about, and I am very much ready to learn more about pediatrics in the days to come.

Reference:

Martin, P., BSN, & R.N. (2018, March 12). *4 Child Abuse Nursing Care Plans*. Nurselabs. Retrieved on March 8, 2020 from <https://nurseslabs.com/4-child-abuse-nursing-care-plans/4/>.

Debriefing Journal Rubric

Minimum Words: 100 per question

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 3 points</i></p>	<p>- Content is incomplete.</p> <p>- Major points are not clear and /or persuasive</p> <p>Weight-1 point</p>	<p>- Content is not comprehensive and /or persuasive.</p> <p>- Major points are addressed, but not well supported.</p> <p>- Research is inadequate or does not address course concepts.</p> <p>Weight- 2 points</p>	<p>- Content is comprehensive, accurate, and persuasive.</p> <p>- Major points are stated clearly and are well supported.</p> <p>- Content and purpose of the writing are clear.</p> <p>Weight- 3 points</p>
<p>Thoughtful Reflection- How will this affect your practice or will it?</p> <p><i>Total Points- 10 points</i></p>	<p>- Paper lacks many elements of correct formatting.</p> <p>- Paragraphs are inadequate or excessive in length.</p> <p>-Unspecific as to how simulation meets learning objectives.</p> <p>Weight- 1 point</p>	<p>- Paper follows most guidelines.</p> <p>- Paper is under word length.</p> <p>-Lacks some specifics as to how simulation meets learning objectives.</p> <p>Weight-5 points</p>	<p>- Paper follows designated guidelines.</p> <p>- Paper is the appropriate length as described for the assignment.</p> <p>-States clearly as to how simulation meets learning objectives.</p> <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>At least 1 scholarly reference required.</p> <p><i>Total Weight- 10 points</i></p>	<p>-Lack of APA format.</p> <p>-Paper contains numerous grammatical, punctuation, and spelling errors.</p> <p>- Language uses jargon or conversational tone</p> <p>-Lack of APA citation use and Reference page if references used.</p> <p>Weight- 1 point</p>	<p>- Inappropriate APA format.</p> <p>- Paper contains few grammatical, punctuation and spelling errors.</p> <p>- Language lacks clarity or includes the use of some jargon or conversational tone.</p> <p>-Inappropriate APA citation use and Reference page if references used.</p> <p>Weight- 5 points</p>	<p>-Correct APA format.</p> <p>-Rules of grammar, usage, and punctuation are followed; spelling is correct.</p> <p>- Language is clear and precise; sentences display consistently strong, varied structure</p> <p>-Correct APA citation and reference page if references used.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the simulation experience.</p> <p><i>Total Weight- 2 points</i></p>			<p>-Paper submitted to dropbox on time.</p> <p>Weight- 2 points</p>

Total Points: _____