

N321 Adult Health I

Clinical Reflection Form

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Date: 03/08/21

Mid Term Journal

1. Briefly write about your experience(s)

My clinical experience at Watseka Memorial Hospital is going great. I really enjoy clinicals and feel like the nurses and staff are patient and willingly to teach and educate me on all aspects of nursing care.

2. What are things you learned?

I have learned so much already. I learned how to push IV medication, medication reconciliation, subcutaneous and intramuscular injections, how to hang albumin, and how clean and redress a wound.

3. What are things you would do differently?

When given an opportunity to start an IV or give intramuscular injections, I shouldn't let one bad experience discourage me from practicing these skills.

4. What is your major "take home" from clinical experience(s)?

Clinical experience is where I'm supposed to get exposure and experience. I'm paying for this experience, so I need to be more confident and take every opportunity to practice skills, ask questions when I don't understand and don't get discouraged.

5. Is there anything else you would like to mention?

I really enjoy the fact that Watseka Memorial Hospital is smaller and we are able to have different clinical rotations!