

Maternity Case 3: Amelia Sung

Opening Questions:

How did the simulated experience of Amelia Sung's case make you feel?

- This was a little easier than the last case because I knew what to expect with the layout of the simulation.

Describe the actions you felt went well in this scenario.

- I think assessing the patient went well and I prioritized the interventions appropriately. Calling the charge nurse and notify the NICU team to help with the delivery still feels like the appropriate decision.

Scenario Analysis Questions:

What risk factors specific to shoulder dystocia were identified in Amelia Sung's case?

- Maternal diabetes
- Prolonged second stage of labor.
- Positive turtle sign

Prioritize your nursing actions for Amelia Sung based on your assessment.

- Stay calm and get other members of the healthcare team for help, perform a vaginal exam, put Amelia in the McRoberts position, encourage her to push during contractions and be supportive when she isn't pushing to decrease possible anxiety, document everything after baby is delivered.

List potential problems for Amelia Sung and her baby related to the shoulder dystocia.

- Paralysis of arm, broken clavicle, fractured arm

List the interprofessional health care team that should be involved in Amelia Sung's case.

- Other nurses for help delivering (from NICU and nursery), her OB, orthopedics

Consider what points might be included in a safety checklist related to shoulder dystocia.

- having the proper tools ready to go just in case it is suspected, and contacting the charge nurse and NICU well in advance

Concluding Questions:

Reflecting on Amelia Sung's case, were there any actions you would do differently? Explain.

- I would have notified the OB directly after the vaginal exam as I knew the baby was crowning but did not have enough time and could not stop the progress of labor at that point.

Describe how you would apply the knowledge and skills that you obtained in Amelia Sung's case to an actual patient care situation:

- In a real-life situation, I would definitely have gotten more healthcare members in the room as fast as possible. I would have figured out how to get the baby positioned correctly (with help) to fit and pass-through pubic symphysis.