

**ATI: Video Case Studies
Palliative and Hospice Care**

-*Screenshot required of results with student's name in the e360 dropbox

Purpose:

- Definition of palliative care
- Definition of hospice care
- Purpose of palliative/hospice care
- The nurse's role in palliative/hospice care
- The role of the interprofessional healthcare team in palliative/hospice care

Directions:

- 1) Watch the video and reflect on the scenarios with ATI.
- 2) Complete the test and screen shot your compete results. Ensure your screenshot shows your name.
- 3) Answer the questions below
 - a. What are some ways that the nurse can ensure that a client receiving palliative/hospice care is kept comfortable? What are some ways that the nurse could provide for the psychosocial and spiritual comfort of the client?
A nurse should maintain or improve the patient's self-care capacity through the education and aid of things like administering medications, performing treatments, preventing complications, achieve the highest possible quality of life, and die with comfort and dignity. A nurse should assess social, spiritual, emotional, and family needs and make sure they are properly met. The nurse should relieve pain, preserve the patient's energy, and make sure the patient is comfortable (Eliopoulos, 2018).
 - b. How can the nurse provide support for the family/loved ones of the dying client?
Nurses must be sensitive to the patient's needs through listening and talking to dying persons and anticipating their needs so there is a feeling that the nurse can be relied on for support. Giving this support can help the client improve their self-concept. The patient may have maladaptive defense mechanisms that the nurse should help the patient work through by providing an opportunity to vent (Eliopoulos, 2018).
- 4) Individually reflect on a time you were involved with a person who had a life-limiting illness. This involvement could be as a professional caregiver or as a family member. Answer the following questions:
 - a. How did your interactions with the person who had a life-limiting illness make you feel?

My grandmother was diagnosed with breast cancer three years ago and cannot drive due to macular degeneration. I took her to her appointments. I felt a little hollow at first during our interactions because I realized that there was a chance that her treatment would not save her. Through it all, my grandmother's optimism is what kept me strong.

- b. Did you feel equipped to adequately handle the feelings and emotions that were present?
At first, I felt ill-equipped because I did not know what to expect from my grandmother. I felt hollow and anxious at first but changed my mindset to be strong for her. On a brighter note, my grandmother did not need me to handle her feelings. She talked openly about death and was very optimistic about her treatment. She was at peace with her life and reminisced about some of her favorite moments in her life.
- c. Did you feel equipped to adequately communicate with the person who had a life-limiting illness?
I felt equipped to communicate with my grandmother. She is very open about things and spoke to me about her concerns about death. She explained that death is a natural thing and that she has lived a good life. It was a life-changing experience getting to reminisce about her life, not knowing if her treatment would be effective or not.
- d. How do you think the person with a life-limiting illness felt during their interactions?
I think that my grandmother felt at peace with the possible outcomes of her treatment. She was okay because she may die and decided to take the time to focus on enjoying her time with me. Optimism in this situation is incredibly admirable because mortality is a scary part of life and to be at peace with it is a beautiful thing.
- e. Could the interactions have been improved in any way? How?
Since it was my grandmother, I can distinguish that she was not in optimistic denial and was indeed at peace. With an older adult that is a stranger, the nurse should always ask about concerns and end-of-life practices. My grandmother is in remission and lives in Moline with her husband.

**ATI: Video Case Studies
Palliative and Hospice Care
Grading Rubric**

What are some ways that the nurse can ensure that a client receiving palliative/hospice care is kept comfortable? What are some ways that the nurse could provide for the psychosocial and spiritual comfort of the client?

Criteria	Unacceptable 0 Points	Acceptable 1.5 Point	Good 2 Points	Excellent 2.5 Points	Points
Response	No response completed	Response is adequate assignment with superficial thought and preparation; doesn't address all aspects of the task.	Response is well developed assignment that addresses all aspects of the task; lacks full development of concepts.	Response is well developed assignment that fully addresses and develops all aspects of the task. Response is factually correct, reflective and substantive contribution.	
Clarity & Mechanics	Posts inappropriate, unorganized or rude content or contains 5 or more grammatical or spelling errors.	Communicates in friendly, courteous and helpful manner with 3-4 grammatical or spelling errors	Contributes valuable information to discussion with minor clarity or 1-2 grammatical or spelling errors	Contributes to discussion with clear, concise comments formatted in an easy to read style that is free of grammatical or spelling errors.	

How can the nurse provide support for the family/loved ones of the dying client?

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	spelling errors.		errors	grammatical or spelling errors.	
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How did your interactions with the person who had a life-limiting illness make you feel?

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Did you feel equipped to adequately handle the feelings and emotions that were present?

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Did you feel equipped to adequately communicate with the person who had a life-limiting illness?

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How do you think the person with a life-limiting illness felt during their interactions?

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Could the interactions have been improved in any way? How?

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Did the student complete the ATI test, submit a screenshot with their name? ___ Yes (5 points) ___ No (zero points)

___/40 points