

N431 Adult Health II

Clinical Reflection Form

Name: Matthew Catlett

Date: 3/3/21

Clinical Rotation Site: Operating Room

1. Briefly write about today's experience(s)

For today's clinical experience, I was able to stand in for surgeries in the operating room. The operations that occurred today included a bilateral laparoscopic salpingectomy and a trochanteric fixation nail placement. The laparoscopic salpingectomy was performed due to an ectopic pregnancy that was growing within the left fallopian tube, and the placenta was implanted into the right fallopian tube. I also had the opportunity to learn the process of preparing an operating room for surgery.

2. What is one thing you learned?

Throughout the day, I learned proper sterile technique, and how the doctors and nurses help one another maintain the sterile field throughout a surgery through cooperation and coordination. I also learned the names of instruments used throughout the process, and the use and importance of these instruments.

3. What is one thing you would do differently?

If I could change one thing about today's clinical experience, I would ask more questions during the operation to understand things I might not have understood. I would also ask more questions about the process of becoming an OR nurse and how long it takes on average to get comfortable in this position.

4. What is your major "take home" from today's clinical experience(s)?

I really enjoy spending time in the operating room with nurses because it gives me the opportunity to see the real-life manifestations of these diseases or illnesses. I get to see what is happening within the body and understand how these can be life threatening. This also gives me perspective on a client's pain. With the client who was experiencing an ectopic pregnancy, she was in pain, but I could not relate because I have not experienced that issue and I never will. Seeing the amount of blood that pooled in her abdomen and what the ectopic pregnancy looked like allowed me to understand the pain she was experiencing.

5. Is there anything else you would like to mention?

I would love to go down to the OR if there are any more opportunities to do so.