

N321 Adult Health I

Clinical Reflection Form

Mid Term Journal

1. Briefly write about your experience(s)

My experience has been limited due to a few different factors. The first 2 weeks were really the only weeks I got to do/learn much due to my wrist. The first week I was able to pass medications, give an injection, and attempt an IV, along with watch my preceptor hang blood product. I even got to go with my patient for his EGD which was cool to see. The second week I attempted to place a foley and participated in a code FAST. The preceptors have all been great and welcoming.

2. What are things you learned?

In my first week I was able to watch my preceptor hang blood products and took notes on that even though we are not learning it in this course. I also learned different ways to dress wounds in the wound clinic and what would make someone qualify for hyperbaric oxygen treatments.

3. What are things you would do differently?

I would really like to start asking my preceptor and instructor more questions about their care and how it is decided instead of just going along with the plan. It is great for me to go through the motions, but it is crucial that I understand why we are doing what we do.

4. What is your major “take home” from clinical experience(s)?

At this point my biggest “take home” is to communicate with your patient to get the information. The chart is not the most accurate and can sometimes be subjective from the nurse’s point of view. Talking with the patient is the most reliable way to get accurate information.

5. Is there anything else you would like to mention?

I am excited to switch to mornings and hopefully be able to pass more medications and experience different rotations.