

Exam 3 Study Guide – Spring 2021

While this exam is over the content in DHW Chapters 9, 11, & 13 and ATI Chapter 4, it utilized material you have already been tested over as we now look at the community assessment and program planning process as well as family assessment. So some of the topics on this study guide will require that you utilize the knowledge/material covered previously e.g. social determinants of health, health disparities, health promotion, levels of prevention, nursing diagnosis process, Health People 2020, data sources, epidemiology.

DHW: Ch. 9	Planning for Community Change—PPT/Lecture/Discussion	ATI: Ch. 4
<p>1. What are some primary prevention interventions for communities?</p>		
<p>2. What are SMART goals and objectives and be able to give examples? – pg 201</p> <p>S - Specific, or significant, stretching, stimulating, simple, self owned, strategic, sensible...</p> <p>M. - Measurable, or meaningful, motivating, manageable, maintainable...</p> <p>A. – Achievable, or attainable, action-oriented, appropriate, agreed, assignable, ambitious, accepted, audacious...</p> <p>R. - Relevant, or rewarding, results-oriented, resourced, recorded, reviewable, robust...</p> <p>T. – Time based or time-bound, time- lined, track-able...</p>		
<p>3. What is the WHO’s Commission on Social Determinants? – slide 15</p> <p>Expand knowledge of the social determinants of health</p> <p>Ensure more equitable distribution of power, money, and resources</p> <p>Improve conditions under which all people are born, grow, live, work, and age</p>		
<p>4. What are the key components of the Logic Model and be able to give examples? – slide 22</p> <p>a. Who will receive services (who is the target population)—Target is the population of the local community</p> <p>b. What will be done (what activities will be done)—A health fair with blood pressure and cholesterol screening</p> <p>c. When will it happen (what is the timeline for the program)—Initial planning with setting the date (January); contact possible places to hold it (Feb); Generate funding from local businesses (March) Recruit personal from local health (March); Purchase or gather supplies/equipment (April) etc. These are milestones for completing the</p> <p>d. Where is it to be done—Find and secure a location for the health fair</p> <p>e. Why it is to be done (program theory) -Why is it needed—assessment data to support the need, evidence based practice to support the need.</p>		
<p>5. What are nurse-managed health centers? – pg. 208</p> <p>Unique model of community health services led by advanced-practice nurses and providing a wide range of services and programs to vulnerable and underserved population.</p>		
<p>6. What are the stages of the program planning process and be able to identify examples. – pg 35</p> <p>Preplanning, Assessment, Diagnosis, Planning, Implementation, Evaluation</p>		
<p>7. What do you need to plan and assess for with financial means for a community assessment?</p>		

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8. How do you evaluate the community program? - What are the steps that you do in the evaluation? (prioritization goes by the steps - you
9. What is a population aggregate?
10. What is a population focused intervention? https://www.health.state.mn.us/communities/practice/research/phncouncil/wheel.html
11. What are some stressors that can be identified in a community assessment?
12. How do you assure success of a program?
13. How can a community assessment show health disparities?
14. What are the steps of the community based health program?
15. How do the nurse plan for sustainability of a program when planning
16. How does collaboration between agency personnel who are implementing a program and the target population impact program planning?

DHW: Ch. 11	Community Assessment-- PPT/ Lecture/Discussion	ATI: Ch. 4
1. What are the steps of the program planning process?		
2. What are the components of a community assessment?		
3. What does community as partner focus on? Focuses on subsystems and their effect on the community		
<ul style="list-style-type: none"> • Physical environment • Health & social service • Economy • Transportation & safety • Politics & government • Communication • Education • Recreation 		
4. What are the core public health functions and give examples of how the steps of the program planning process fit these core functions.		
5. Where can you get some information for the community assessment specifically for injuries and violence?		
6. Review the Community Assessment process. This is similar to the Nursing Process. – slide 13 Define the Community--Assessment Collect data--Assessment Analyze data Establish community diagnoses Plan programs Implement programs Evaluate program interventions		
7. What are the steps of analyzing the community assessment data? Gathering collected data into a composite database Assessing completeness of data space		

identifying and gathering missing data
 synthesizing data and identifying themes
 identifying community needs and problems
 identifying community strengths and resources

8. Utilizing community assessment data to determine interventions for a community

9. What is the functional health pattern assessment?

10. Where can you do community assessments?

11. What are you evaluating in the community assessment?

**12. How do you get primary (direct) and secondary data for community assessments?
 Which do you get direct data from?**

13. What are the steps in community-based planning process?

14. How do you predict health status?

**15. What is the collaborative model and how does this enhance community empowerment?
 Community Assessment Asset-based Approach**

**16. Why should or would you perform a community assessment? - pg 31
 To address health needs and provide a benefit to the people in the community**

**17. Who do you choose to perform a community assessment on? - pg 31
 Individuals in a shared place (geographic community), those with a shared characteristic (demographic group, or with a common interest (functional community)**

<https://www.khanacademy.org/test-prep/mcat/social-inequality/social-class/v/health-and-healthcare-disparities-in-the-us>

DHW: Ch. 13	Family Assessment-- PPT/Lecture/Discussion	ATI: Ch. 4
1. What activities are included in the family assessment and what to they provide the nurse? - pg 277 Interviewing		
2. What is the purpose of and the questions used for the 15-minute interview? - pg. 278/9 It gives information on family functioning: cognitive, affective, and behavioral, family strengths and their relationships		
3. What are the actions of the functional assessment on a family? - pg. 277 and table 13.1 Helps someone understand the functioning of the family in all aspects of life, problem solving, roles, influence and power, beliefs, nonverbal, verbal, and emotional communication		

DHW: Ch. 6, 7	Epidemiology-Rates	ATI: Ch. 3
1. Calculation of rates related to community assessment Incidence or prevalence rates # of new/existing cases/ population total x 100,000 or 1,000		