

Growing up, my parents told me that nurses were in high demand but never really connected the idea that hospitals and other facilities were just short-staffed. Once I got to nursing school, I began to notice in clinical how some units were short-staffed. This article makes sense to me, and it also includes other factors that affect nurse shortages. There are educational and work setting factors, but the economy and environment also play a significant role. Although nursing is on the higher side of salary, it is not significant enough that people can choose anywhere to live. According to the article, London has one the highest nurse shortages, and the high cost of living is a factor. If I were a nurse, who had children, and student loans, living in a large city with a high cost of living would be an issue. I think change for nurse shortages would have to start outside of the traditional settings. We would have to think about the economy, politics, burning out in nursing school, and building confidence in our career choice. Alongside that, we can implement change at our facilities, beginning with education and studies. The process will be full of trial and error or very drawn out because it cannot be fixed quickly.

References:

Scammell, J. (2019). The implications of nurse shortages. *British Journal of Nursing*, 28(3), 208.

<https://doi-org.proxy.cc.uic.edu/10.12968/bjon.2019.28.3.208>