

N431 Adult Health II

Clinical Reflection Form

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Clinical Rotation Site: Emergency department at OSF in Danville.

1. Briefly write about today's experience(s)

Today I was in the emergency department. I got to shadow Logan (Rn). We had a 95-year-old patient who needed his bladder flushed out because he had blood in his bladder. I got to see a 3-way urinary catheter. With this catheter, you push fluids in the through the catheter and on the other side it comes out, therefore, cleaning out the bladder. I also got to see some psych patients and some patients who did not treat the staff very good.

2. What is one thing you learned?

I learned today that the emergency department is always prepared for anything and it is different that regular floor or specialty nursing. They are quick and either send the patient to the floor or discharge them.

3. What is one thing you would do differently?

If I could do one thing differently, I would ask more questions. I did ask quite a few, but I could have asked more. Like what the typical day is like versus a crazy day.

4. What is your major "take home" from today's clinical experience(s)?

My major take home from today is not to judge a department until you actually see it for a day. I came into the day dreading going there because it did scare me. I typically don't like not

knowing what is coming into the door, but I can say after today that I actually enjoyed it! Would I work in an emergency department forever or full time? I am not sure about that BUT I now won't dread it and will be able to handle it!

5. Is there anything else you would like to mention?

My attitude in the morning could have been better! I will go into each department with an open mind.