

N431 Adult Health II

Clinical Reflection Form

Name: Koti York

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Clinical Rotation Site: OSF OR, Infusion Clinic, Medical Clinic

1. Briefly write about today's experience(s)

In Wednesday's clinical, I got scheduled to be in the OR, but due to them not having surgeries scheduled until 12:30, I went to the infusion clinic. They were all medical patients, so I got to see the end of a PICC line getting taken out. The PICC line had been in for six weeks for antibiotics due to a pacemaker wire getting infected. Eligard got given to another patient, but I did not get back to the infusion clinic to administer the drug. I researched Eligard because I did not know what it was for, and it inhibits gonadotropin release, suppressing ovarian and testicular steroidogenesis. The next patient that came into the clinic needed an Albumin infusion, so I got to start the IV, administer the IV medication, and take out his IV. Once he got his Albumin, I got to go down to ultrasound with him, where I got to watch him get a paracentesis. I only got to see around five minutes of his fluid coming off, but he already had a liter and a half off his body within that time. Before my day started, I got the opportunity to go to an in-service about inserting something like a pacemaker into the sacrum at the waistline. This device lasts four to seven years, depending on how often it sends an electrical charge. A skinny bar can be inserted into the same area that lasts up to 15 years and is rechargeable by placing a wireless charging pad up to the back where it got established. This device gets used for individuals that are experiencing bladder incontinence and is used mostly in women. The purpose of this trial is to see if the electrical impulses can stimulate the nerves to stop the individual from having bladder incontinence.

2. What is one thing you learned?

One thing I learned was how to do a paracentesis. I got to see how the ultrasound tech finds the proper spot to insert the needle to get the best fluid drainage. I experienced the doctor inserting the needle, the fluid drainage, and the nurse's role during the procedure. It was a good experience since I have never gotten to see this procedure before.

3. What is one thing you would do differently?

I had a really good day and got to see a variety of different procedures. I would not change anything differently besides getting to see surgeries like initially planned.

4. What is your major “take home” from today’s clinical experience(s)?

My major take home from today was not to be afraid to jump in and ask to see and do procedures. I learned more during my time in the infusion clinic than I have felt in a long time.

5. Is there anything else you would like to mention?

Lori, RN in ultrasound, was accommodating, and the nurses in the infusion clinic were very hands-on and helpful. They were willing to let me do medications and IV’s if I was comfortable with it.