

Virtual Home Visit for a Child with Medical Complexity

Debriefing Journal

1. How does the virtual simulation relate to the course?

This virtual simulation relates to the course because it helps me as a pediatric nursing student understand that children can also have medical complexities that would cause them to require long term special care.

2. Name **three** ways this clinical site impacts pediatric health.

It creates an avenue to teach parents of children with different medical issues how to deal with them.

It also helps healthcare workers view useful interactive simulations that would help them know what to do if they experience a situation like that.

It also creates a forum for people to come together and discuss issues.

3. What are the health risks of the population served during today's stimulation based on your observation today?

The significant health risks observed in the stimulation are polypharmacy, weight loss, aspiration, medication error, lack of education on proper equipment, and disease process.

4. Choose one of the health risks identified in question 3 and develop a plan of care to address this, including a nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

- Plan for care for aspiration
- Nursing diagnosis

Potential for aspiration due to GI feeding or delayed gastric emptying.

- Measurable goal

- The patient is free from aspiration problems as evidenced by auscultation of clear lung sound, the vital signs are within the standard limit, and no sign of respiratory distress.

- Nursing Intervention;

- Reassess the feeding tube every four hours and before and after every feeding.

- Raise the head of the bed to thirty degrees or higher during feeding and for one hour after feeding.

- Measure residuals before feedings

5. How will your knowledge gained during this stimulation impact your nursing practice?

According to an article written by Gallo et al. (2021) in the Italian journal of pediatrics, most health care workers try to be elusive when dealing with children with medical complexities. The knowledge I gained would help me show more empathy when dealing with children with medical complexities, rather than avoid them.

APA Citation

Gallo, M., Agostiniani, R., & Fanos, V. (2021, January 6). *The child with medical complexity: Italian Journal of Pediatrics*. <https://rdcu.be/cewRR>.

Swearingen, P. L. (2016). *All-in-one nursing care planning resource: Medical-surgical, pediatric, maternity, psychiatric nursing care plans*. St. Louis, MO: Elsevier/Mosby.