

Journal Entry #1

20 January 2021

My clinical rotation for this semester is the CCU at SBL. This was my first time in the critical care unit, and it was very “eye-opening” to see the style of care provided by the nurses. My nurse and I took care of two patients, a female patient who had a heart cath placed. The patient was stable and was improving. I also observed and was part of 2 codes: stroke and rapid response. The first code the male patient had just had a stroke, and the protocol was carried out. It was great to see how the nurses come together to assess and implement the interventions needed to decrease their complications. The patient was taken to radiology for a CT to assist the doctors and nurses in examining what was going on in the patient’s brain. The second code was a male whose blood pressure suddenly started to decrease after a hip surgery. The patient was in an excellent mood and still had his sense of humor. The doctors determined that it might have been the anesthesia or the surgery creating the low BP; This clinical experience was valuable. I was able to see how each team member could come together and systemically take care of the patient.