Virtual home visit for a child with a medical complexity

Debriefing questions

1. How does this virtual simulation relate to the course?
I believe this simulation relates to this course in multiple ways. As future healthcare workers, we are going to work with patients with a variety of issues no matter which department we choose to work in. I don't plan on working in pediatrics but if I work in a surgery department, I may see a child with a medical complexity in the operating room one day and need to be knowledgeable to plan for their care. If I choose to work in home health care, I could potentially visit a home of a child with a medical complexity and will be able to help the patient as well as educate their parents during my visits.

2. Name 3 ways this clinical site impacts Pediatric health.
Clinical sites will impact pediatric health in many ways. This virtual visit was great to learn about the process that occurs once a patient leaves the hospital. As healthcare providers, we need to know what happens when our patient goes home in terms of their care and medication administration so we are able to educate them or answer any questions they may have. Once our patient leaves the hospital or clinic their care does not stop. We also need to be able to help family members cope or seek counseling if needed when they are struggling to deal with a diagnosis or learn how to administer medication once they arrive at home. This video was great in showing how a home needs to be prepared before the patient even arrives at home and what needs to be done to accommodate their care.

3. What are the health risks of the population served during today's simulation based on your observations today?
The health risks of the population during this simulation that stood out the most to me would be the lack of resources. We see lack of resources too often in our own area which made me really think about what we can do with what we have available instead of focusing on what we are missing. For Jack's situation, he was in need of a home health nurse at his home every day to provide him with his medications and therapies. Having a home health nurse can potentially cause issues with overlooking issues due to lack of time spent with Jack that may be caught when he is actually going into the office for a visit. A home health nurse may not be knowledgeable on an issue Jack could be having at a home visit, therefore, leaving him open to more problems and concerns.

4. Choose one of the health risks identified in question 3 and develop a plan of care to address this. Include a nursing diagnosis, a measurable goal, and at least 3 nursing interventions to achieve this goal.
When asked to develop a plan of care after watching the simulation provided, I would have to provide a plan on having adequate resources and knowledge for home health care nurses, as well as any healthcare provider who is working with someone who is leaving the facility and continuing care at home. A measurable goal would be to provide the nursing staff with

the knowledge they need to care for their clients whether that be continuing education courses, having physicians join them for visits in between office visits if other conditions present themselves, making home visits more frequent if issues are present, and intervening quickly when other symptoms begin appearing to avoid more complications from occurring.

5. How will your knowledge gained during this simulation impact your nursing practice? The knowledge I gained during this simulation, will impact the way I conduct my nursing practice in a variety of ways. Before this simulation I wasn't quite sure how to treat a patient with a medical complexity. After taking the pretest and posttest during the simulation I truly believe I have enough basic knowledge to help a patient with a medical complexity. I now know what risk factors to look for and how to prevent the patients' condition from worsening. I believe I know enough to educate the patients' parents or caregivers on how to handle their plan of care. Before this simulation, the thought of working with a patient who has a medical complexity made me uneasy, but this simulation was a great resource. I have previously considered working in home health care after graduation and I think I am being provided with knowledgeable information that could help me be a successful home health nurse that I could help provide the future families I work for with the education they will need to care for their loved ones.

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